

CEREDIGION COUNTY COUNCIL

Report to:	Cabinet
Date of meeting:	4 th July 2023
Title:	Ceredigion Youth Council Meeting Minutes (17.03.23)
Purpose of the report:	To present the minutes from the last Ceredigion Youth Council meeting
For:	Information
Cabinet Portfolio and Cabinet Member:	Councillor Wyn Thomas, Cabinet Member for Schools, Lifelong Learning and Skills

BACKGROUND:

One of the duties bestowed on Local Authorities within the Welsh Government - Shared Purpose: Shared Future: Statutory Guidance to the Well-being of Future Generations (Wales) Act 2015 – is Annex B – the **Statutory Guidance on Children and Young People's Participation**.

In order to meet one of the requirements of the legislation, Local Authorities are expected to work with relevant partners to:

- *Support a County Youth Forum/Council as a representative body of young people to act as a channel for young people's views across their local authority and represent those views to local and national decision-making bodies.*
- *They should aim to be as inclusive as possible in terms of geographical spread, age, gender and to represent specialist needs and more marginalised young people.*
- *For County Youth Forums/Councils to operate effectively, they will need to be adequately supported by Local Authorities who should consider what support is required to do this.*
- *They should be informed and linked to their local democratic structures.*
- *They will also need to be effectively linked into national participation structures such as Young Wales, the Children's Commissioner for Wales and the National Assembly for Wales.*

Children and young people have the human right to have opinions and for these opinions to matter. It says that the opinions of children and young people should be considered when people make decisions about things that involve them, and they shouldn't be dismissed out of hand on the grounds of age. It also says children and young people should be given the information they need to make good decisions.
Article 12 (Respect for the view of the child - United Nations Convention on the Rights of the Child (UNCRC))

CURRENT SITUATION:

Ceredigion Youth Work and Engagement Team is responsible for coordinating and managing the Ceredigion Youth Council since it was first established in Autumn 2015. They meet four times a year (once each term) and host an event at the end of their year 'in office'. Youth Council meetings now take place once again in the Chamber in Penmorfa.

Has an Integrated Impact Assessment been completed? If, not, please state why

Wellbeing of Future Generations:	<p>Summary:</p> <p>Long term: Balancing short-term need with long-term planning for the future</p> <p>Integration: Considering how young people's well-being may impact upon each of the well-being goals</p> <p>Collaboration: Working with others to create opportunities for young people</p> <p>Involvement: Involving young people and seeking their views</p> <p>Prevention: Providing early intervention to reduce problems from developing</p>
Recommendation(s):	For Elected Members to view the minutes from the last Ceredigion Youth Council meeting at Learning Communities Overview and Scrutiny Committee and Cabinet, for information.
Reasons for decision:	To meet the requirements of the legislation as set out in Annex B of Welsh Government - Shared Purpose: Shared Future: Statutory Guidance to the Well-being of Future Generations (Wales) Act 2015 - Statutory Guidance on Children And Young People's Participation
Overview and Scrutiny:	Learning Communities Overview and Scrutiny Committee
Policy Framework:	
Corporate Priorities:	Corporate Strategy 2022-2027 Investing in People's Futures
Finance and Procurement implications:	None
Legal Implications:	None

Staffing implications: None

Property / asset implications: None

Risk(s): None

Statutory Powers: Statutory Guidance on Children and Young People's Participation.
United Nations Convention on the Rights of the Child

Background Papers: None

Appendices: Appendix 1: Appendix B- the Statutory Guidance on Children and Young People's Participation

Appendix 2: Ceredigion Youth Council Meeting Minutes 17.03.23

Corporate Lead Officer: Elen James, Corporate Lead Officer: Porth Cymorth Cynnar

Reporting Officer: Lowri Evans / Gwion Bowen

Date: 10th May 2023

Shared Purpose: Shared Future 3 - Collective role (public services boards)

SPSF 3 - ANNEX B STATUTORY GUIDANCE ON CHILDREN AND YOUNG PEOPLE'S PARTICIPATION

This statutory guidance is issued in accordance with [Section 17\(3\) of the Children and Families \(Wales\) Measure 2010](#) and applies to local authorities both in respect of local well-being plans, and whenever they take decisions which might affect children and young people.

Local Authorities have a duty to promote and facilitate participation by children and young people in decisions which might affect them. The legal basis for this duty is Section 12 of the Children and Families (Wales) Measure 2010. It requires Local Authorities to *make such arrangements as they consider suitable to promote and facilitate participation by children in decisions of the authority which might affect them, and to publish and keep up to date information about its arrangements*. These duties can be discharged via the local well-being plan.

The [United Nations Convention on the Rights of the Child \(UNCRC\)](#)) is an international convention which sets out the civil, political, economic, social and cultural rights of children up to the age of 18. It recognises not only their basic human rights but gives them additional rights to protect them from harm as one of the most vulnerable groups in society. The UNCRC has 54 articles. Articles 1-41 set out how children and young people should be treated. The other 13 articles set out how governments and adults should work together to make sure children and young people can access their rights.

In Wales, the commitment to the UNCRC is enshrined in legislation with [the Rights of Children and Young Persons \(Wales\) Measure 2011](#) . Section 1 of the Measure places a duty on the Welsh Ministers to have due regard to the UNCRC when exercising their functions. This means the Welsh Ministers must consider how what they are doing relates to the rights and obligations in the UNCRC and every opportunity has been taken to identify ways of realising the relevant rights before making decisions. Consequently, this filters down to the local level through legislation, regulation and statutory guidance.

Shared Purpose: Shared Future 3 - Collective role (public services boards)

This guidance relates to children and young people's right to participate which is a fundamental and enabling right as set out in Article 12 of the UNCRC:

Children have the right to say what they think should happen, when adults are making decisions that affect them, and to have their opinions taken into account.

Article 12 (Respect for the view of the child)

The articles of the UNCRC have been summarised into [Seven Core Aims](#) which should underpin the working practice of any service provision working with children and young people nationally and locally. Core Aim 5 in particular relates to children and young people's participation with the aim that:

All children and young people are listened to, treated with respect, and have their race and cultural identity recognised.

Core Aim 5

Requirements

In order to meet the requirements the legislation, Local Authorities are expected to work with relevant partners to:

- promote and facilitate children and young people's participation within the broad context of the UNCRC, as part of their policies, services and wider citizen engagement. Local Authorities are expected to make sure as many children and young people as possible are aware of their rights as set out in the UNCRC, including their right to participate and for their opinion to be heard, and to be involved in decision-making about policies and services which affect their lives.
- embed children and young people's participation into all aspects of planning, delivering and reviewing services. This should include the assessment of local well-being, the local well-being plan and relevant sub plans;

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- adopt the [National Participation Standards](#). Support for the National Participation Standards reinforces the commitment to children's rights in Wales and there are many examples of good practice of organisations which have adopted the standards as a means of ensuring participation happens meaningfully and effectively. The expectation is all Local Authorities adopt the Standards when meeting their statutory duty regarding participation of children and young people.
- publish information about the benefits of and arrangements for promoting and facilitating participation in the authority, and disseminating examples of good practice, for instance through websites and newsletters as well as social media and linking in/working with '[Young Wales](#)'. Children and young people themselves can be actively involved in raising awareness of the importance of participation. The Welsh Government has many resources which could support this and could be adapted to suit local needs. As well as using resources and media which is accessible to children and young people information can be included in the public services board's annual progress report;
- ensure information and materials aimed at children and young people are clear and easy to understand, answer their questions and identified needs as well as being accurate, up-to-date, relevant and accessible in terms of language and format;
- ensure a range of opportunities and the appropriate required support are provided for effective participation. The opportunities for children and young people as individuals to participate should be integrated into day to day services as well as specific participation structures such as forums for children, forums for young people, or groups/forums which represent children and young people who are marginalised, vulnerable or have a special interest in a particular issue. These forums and groups have a key role to play in supporting children

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and young people to have a voice and to access their rights as set out in the UNCRC;

- support a County Youth Forum/Council as a representative body of young people to act as a channel for young people's views across their local authority and represent those views to local and national decision-making bodies. They should aim to be as inclusive as possible in terms of geographical spread, age, gender and to represent specialist needs and more marginalised young people. For County Youth Forums/Councils to operate effectively, they will need to be adequately supported by Local Authorities who should consider what support is required to do this. They should be informed and linked to their local democratic structures. They will also need to be effectively linked into national participation structures such as Young Wales, the Children's Commissioner for Wales and the National Assembly for Wales.
- give due consideration to the Welsh language in the promotion and facilitation of participation and as part of preparing the local wellbeing plan, reflecting its official status in Wales and the national well-being goal of 'a thriving Welsh language'.

Working with partners

Whilst this statutory guidance, issued under the [Children and Families \(Wales\) Measure 2010](#) relates only to Local Authorities, we would encourage them to work closely with each of their relevant partners. Working in a multi-agency way is good practice and Section 25 of the [Children Act 2004](#) places a legal duty on local authorities to promote cooperation with a view to improving the wellbeing of children in the area. Furthermore, [Section 38 of the Wellbeing of Future Generations \(Wales\) Act 2015](#) also places a requirement for public services boards to consult in assessing the state of economic, social, environmental and cultural well-being in its area.

Shared Purpose: Shared Future 3 - Collective role (public services boards)

There are many examples of partners contributing to children and young people's participation and mainstreaming it into their areas of work and their arrangements for citizen engagement. Some of these can be found on www.youngwales.wales and www.pupilvoicewales.org.uk.

What happens now?

The scope of the duty to promote and facilitate children and young people's participation is wider than involvement in the local well-being plan. It is important participation becomes part of policy and practice of all local partners. Local Authorities should work with local partners, including children and young people, to ensure participation is promoted and facilitated.

However, the well-being plan could set out how children and young people's participation and engagement is embedded into all aspects of planning, delivering and reviewing services and their "arrangements for promoting and facilitating participation". The public services board's annual progress report could include a summary as to how these statutory duties have been met, and how they can be improved upon. The public services boards annual progress report could consider the protected characteristics in particular with reference to age, specifically reporting on outcomes for children and young people.

The Welsh Government will monitor local arrangements for children and young people's participation. In addition well-being plans provide evidence to Inspectorates and the Welsh Audit Office (WAO) when undertaking reviews of efficiency and effectiveness of local services. Inspectorates and the WAO may also review the outcomes achieved and procedures involved to demonstrate how effectively children and young people are being listened to, involved and engaged. Children and young people have a right to be listened to, have a voice and be able to access opportunities to play an active role in decision making wherever they are – in school, out and about in the community or as users of services.

Our ambition is for every child and young person in Wales to realise their rights as set out in the UNCRC. There may sometimes be barriers to

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achieving this, however, working in a collaborative way, we all have a responsibility and a role in considering ways in which these barriers can be removed or overcome. Wales has been leading the way in children and young people's participation and momentum must be maintained.

Further information on good practice in relation to children and young people's participation can be found on www.childrensrights.wales or http://www.childrensrights.wales/images/PDF/Participation_En2.pdf

Information, resources, materials and good practice which support participation in Wales are also available at www.youngwales.wales

Meeting Minutes
Ceredigion Youth Council
Council Chamber, Penmorfa
Friday 17 March 2023

(10:00 – 13.45)

Present:

Ysgol Gyfun Aberaeron
Ysgol Gyfun Aberaeron & UKYP MYP
Ysgol Bro Pedr
Ysgol Bro Pedr
Ysgol Bro Pedr & Youth Council Chairperson
Ysgol Gyfun Penweddig
Ysgol Gyfun Penweddig
Ysgol Gyfun Penweddig
Ysgol Penglais
Ysgol Penglais
Ysgol Henry Richard
Ysgol Henry Richard
Coleg Ceredigion & Aberystwyth Community Ambassadors
Coleg Ceredigion & Aberystwyth Community Ambassadors

Also Present: Gwion Bowen (Children and Young People’s Participation Officer, Youth Work and Engagement Service), Lowri Evans (Team Manager, Youth Work and Engagement Service – Ceredigion County Council), Councillor Wyn Thomas (Cabinet Member for Schools, Lifelong Learning and Skills) and Councillor Alun Williams (Deputy Council Leader and Cabinet Member for Through-age and Wellbeing Services)

Speakers: Timothy Bray (Civil Contingencies and Community Safety Partnership Officer – Ceredigion County Council) and Richard Timms (WELV Consulting Ltd.)

Apologies: Lloyd Warburton (MYP - Senedd Cymru), Elen James (Corporate Lead Officer, Porth Cymorth Cynnar – Ceredigion County Council), Gethin Jones (Corporate Manager, Support and Prevention Service – Ceredigion County Council), (Ysgol Uwchradd Aberteifi), (Ysgol Uwchradd Aberteifi), (Ysgol Penglais), (Ysgol Gyfun Aberaeron), (Ysgol Bro Pedr), (Ysgol Gyfun Penweddig), (Ysgol Bro Teifi), (Ysgol Bro Teifi), (Ysgol Bro Teifi) and (Ysgol Bro Teifi)

Meeting Agenda:



Agenda Cyngor
leuenctid 17.03.23.doc

MINUTES

1 Welcome, Apologies and Introductions

Ifan Meredith opened the meeting by welcoming the Youth Council to the Chamber.

Apologies noted.

IM informed the Youth Council of 'housekeeping' arrangements.

- Speakers
- Translation devices
- Fire Exits
- Toilet facilities
- Lunch and refreshments

IM explained that a register will be going around during the meeting for members to complete.

2 Ceredigion Crime and Disorder Strategic Assessment Consultation and Questionnaire

The Chair welcomed Timothy Bray, Ceredigion County Council Civil Contingencies and Community Safety Partnership Officer to the meeting.

Timothy introduced his role and career background, and shared information around the work of the Community Safety Partnership, which sits in Ceredigion's Public Service Board.

Timothy and his team are currently facilitating the 'Crime and Disorder Strategic Assessment' which includes a public questionnaire that has been live for almost 3 weeks. A young person version of the questionnaire is available, and they are eager to gather the views of young people in Ceredigion to form part of the survey response.

Timothy shared a presentation on screen and provided members with paper copies of the questionnaire to complete.



YP Crime and
Disorder Questionnai



Youth Council SA
Presentation.pptx

3 Young People and Mental Health: Group Discussion

The Chair welcomed Councillor Wyn Thomas, Cabinet Member for Schools, Lifelong Learning and Skills. Councillor Thomas facilitated a discussion around Mental Health and Wellbeing and young people shared their thoughts on current support and gaps in provision. It was noted by young people, that there is a waiting list to within the Schools Counselling Service to be seen.

4 Support & Prevention Rural Community Engagement Review Project Feedback on Key Findings

The Chair welcomed Richard Timms, Consultant at WELV Consulting to the meeting, who first attended the Youth Council virtually on 21/10/22 to undertake an engagement session with young people into their rural community engagement review.

Richard has returned to provide an update and share feedback on key findings of the report.



youth council March 2023.pptx

Richard talked through the findings and provided a high-level overview to the key findings.

Richard asked whether the report (once signed off) can be shared with Youth Council members. LE and GB agreed that it will be shared on the Youth Council MS Teams Channel, and via the minutes.



Ceredigion County Council amended Mar

5 Environment and Period Dignity Sub-Groups Feedback

LE and GB provided an update to all member son behalf of both sub-groups.

Environment Sub-Group

GB presented to all Youth Council members a draft terms of reference for the environment sub-group that members had influenced and help design in previous sub-group meetings. As a newly established group, members ensured that the purpose and structure of the environment sub-group was clearly highlighted, and a number of priorities were identified to ensure that the sub-group is able to take small steps towards its main aim during its first year of running.

“Ceredigion Youth Council Environment Sub-Group Aim:

In accordance with Article 12 of the United Nations Convention on the Rights of the Child (UNCRC), the Ceredigion Youth Council Environment sub-group will have a focus on environmental and climate change matters that affect Young People living within the County of Ceredigion and further afield.”

The terms of reference also included a proposed sub-group programme for 2023.

The Environment Sub-group terms of reference was agreed and adopted by the whole Youth Council during the meeting.



Period Dignity Sub-Group

LE acknowledged that several members of the Youth Council who have formed the Period Dignity Sub-Group, and that they have been instrumental in shaping the work of the group and expressed gratitude to those members for sharing their thoughts, ideas, and experiences regarding Period Dignity. This has been extremely helpful in ensuring that the Period Dignity campaign considers and implements the voice of young people. The Sub-Group have informed much of how the Local Authority's Period Dignity Grant (received from Welsh Government) is spend, to ensure it meets the needs of young people and communities.

As a result of sub-group's work, this has enabled us to review elements of our approach towards Period Dignity and Period Poverty in Ceredigion, and what the Youth Council and its sub-group can influence in schools and communities, especially for young people. A work plan was created last year, and JD and AL presented to the Head Teachers forum. Whilst not everything within the work plan has been within reach this year, the information within it and shared by sub-group members has enabled us to understand what is important to young people when it comes to Period Dignity.

An update of what has been achieved / what is in progress as a result of the Youth Council's Period Dignity Sub-Group:

- **Staff Training:** is something that the group discussed and felt would support pupils in Primary, Secondary and FE Education. Therefore, staff training on puberty and period dignity has been organised for April 2023 and will be delivered by SRE charity, Brook. The aim of the training is to develop understanding and increase awareness, knowledge and confidence amongst professionals so that they can support pupils when it comes to periods, so that pupils can be educated on period dignity, and so that they feel they can have open conversations with professionals in various settings. The training is offered to all primary, secondary and FE settings, as well as to other agencies working with young people, such as Youth Workers and School Nurses. An invite will also be extended to Sub-Group members who may wish to sit in on the staff training, to learn about what the training offers.

Action: LE to ascertain whether any Sub-Group members wish to attend the training, and organise permission from their respective schools, and transport if required.



- Parent / Carer Training: 2 x webinars have been organised, again with Brook. These are for Parents and Carers of children and young people in Ceredigion, to develop understanding, awareness, and ways of supporting children and young people in terms of periods.



Period Dignity
Webinar Parents~Car

- Products: The Sub-Group discussed the range and variety of products available to young people, and the need to have a choice of plastic-free, reusable, or eco-friendly products as well as the 'standard' options. These products can often be very expensive, so it's unlikely that young people can afford to buy different items to try which ones suit them best, because of their price tag. Therefore, a large supply of a variety of products has been purchased, and once delivered will be distributed to Secondary Schools and Colleges and will also be available to Primary Schools. Products will continue to be distributed to community groups and organisations too.
- Access to products in schools: Sub-Group members discussed and acknowledged that this varies from school to school, and that there is scope to build on the good work already achieved across the County's Secondary Schools. Some schools have products available in the reception area or hafan, whilst others have products located in bathrooms or changing rooms. A method of having products available to pupils, without having to ask, in a central space that reduced the stigma of needing products, is important. In response to this, leaflets and posters have been created for schools, as well as 'stands' that will be offered to each secondary school, to located in a space where they feel is suitable, so that young people can collect a variety of products whenever they need to.



2. Pick and Mix
Leaflets ENG.pdf

- Access to products in communities: Community groups and organisations, such as libraries, food banks, leisure centres, family centres etc. all receive regular stock of period products to distribute to people in their communities, free of charge. The sub-group felt it would be useful for people to have a list of these places, so they know where they can collect products. As a result, a directory of stockists has been created and is available on the Ceredigion County Council website: [Period Dignity in Ceredigion - Ceredigion County Council](#)



1. Community
Leaflets ENG.pdf

	<ul style="list-style-type: none"> • Spare clothes in schools: The sub-group talked about having spare clothes (trousers, tights, and underwear) available in secondary schools for the purpose of period dignity. They felt that this could reduce the stigma attached to period. Therefore, as a result a stock of tights, trousers, and underwear in a variety of sizes has been purchased for each secondary school, so they are readily available if needed by pupils. • Education for pupils: It is felt that providing consistent messages and education around periods across all Ceredigion schools, both primary and secondary will tackle some of the stigma surrounding period and provide children and young people with education for life. The sub-group talked about some of the challenges associated with puberty education in primary schools, and how at times, or previously, has been split by gender, which doesn't then provide the education for all. As a result, the Period Dignity Grant in 2023-24 will fund a series of sessions delivered by specialist organisation, Brook, and will be offered to all schools for year 7, 8 and 9 pupils (in secondary) and all year 5 and 6 pupils (in primary). These sessions will be rolled and referred to as an 'information roadshow' between September 2023 and January 2024. Information will be shared with schools about the offer in due course. <p>Once again, LE thanked the group for their input during the year, and it is hoped that they themselves will see the impact of their work before they finish Year 13. As their term in office comes to an end, LE stated that if members wished to continue as part of the sub-group in September, they would be welcome to do so.</p>
6	United Kingdom Youth Parliament (UKYP) Ceredigion UKYP Member Update
	<p>GB provided a short update regarding a recent UK Parliament announcement, confirming that the British Youth Council will continue to lead on the UKYP Programme for 2023 – 2025.</p> <p>During the forthcoming term, the UKYP will focus on the cost of living crisis and in particular, 'Universal' free school meals for <u>all</u> school pupils. The UKYP will be launching a 'food for learning campaign' that will look to gain local MP support for Universal free school meals for all school pupils throughout the UK.</p> <p>As part of the UKYP programme, AL confirmed that he is looking forward to meeting other Welsh MYP's during monthly meetings (hosted by Children in Wales) and working towards the UKYP end of term event 'the big debate', scheduled to be held in the Houses of Commons, London in November 2023.</p>
7	Youth Council 'Rhoi dy Farn 2023' Local Campaign results
	<p>GB presented the 'Rhoi dy Farn 2023' campaign results. GB stated that a total of 2184 young people voted in the ballot this year, which is around 37% of the population, in comparison to last year, where 2160 young people voted in the British Youth Council's Make your Mark ballot.</p>



Canlyniadau Rhoi Dy
Farn.pptx

GB explained that all 7 secondary schools participated as well as Coleg Ceredigion (Aberystwyth and Cardigan), Hyfforddiant Ceredigion Training (HCT), Aberystwyth Ambassadors and Post-16 Inspire Group.



Canlyniadau Rhoi Dy
Farn Results 2023.pdf

Members spend some time digesting and analysing the results. Members recognised the results as being representative of the main issues facing young people at the moment.

IM commented that the number of votes for promoting the Welsh language can also be viewed as a positive, in that, does it reflect the work that is being done by Welsh Government and others to reach the target of 1 million Welsh speakers by 2025?

AL suggested that it is difficult to chose one topic, as they are all important. MB suggested that the results demonstrate how these matters are affecting everyone, and that many of the subjects all stem from the cost of living, and essentially poverty associated worries. For example, the debates around second homes and transport, all relate to affordability and that it is reasonable to suggest that the 'cost of living crisis' which is the most voted for topic, is the most pressing issue for everyone right now.

GB explained that members now have the choice of which topics they want to present to the Pawb a'i Farn panellists in July 2023. Do they want to reflect the ballot results completely, or do they also want to consider any other topics which haven't scored so high in the results?

The general consensus amongst members was that they would like to focus on the 4 topics most voted for by young people which are:

- 1.) **Cost of Living Crisis** - more support with costs of transport, school meals and energy
- 2.) **Careers** - A greater choice of better paid apprenticeships and access to a range of work experience opportunities
- 3.) **Education** - business and entrepreneurship skills should be taught in schools
- 4.) **Transport** - buses need to run later and be more affordable, better train links and improved bike routes

GB explained that after lunch, members will be split into groups to focus on devising questions in response to these 4 hot topics, that will be presented to a panel of public figures at Pawb a'i Farn 2023. Members will also need to decide who they would like to invite to join the Pawb a'i Farn 2023 panel.

8 'Pawb A'i Farn Ceredigion 2023' Event: Event Topics, Questions and Panel

During this session, the Youth Council split into groups to begin to look at drafting questions under each hot topic. Each group prepared a question to present to the panel and these will then be refined and shared with panel members before the Pawb a'i Farn event in July 2023.

Cost of Living	Careers	Education	Transport
Members: MJ, CJ, SB & EM	Members: AL, JD & IE	Members: MHe & MHo	Members: XSB, MB, LJ, MB & IM

Youth Council members then shared ideas and decided on the panel members that they would like to invite.

GB stated that Ben Lake MP is a panel member each year and has confirmed his attendance for 2023. GB also mentioned that the Children’s Commissioner for Wales has attended previously, but unfortunately they are unavailable on this date, but their office has proposed that Sara Jarmin, Head of Communications and Performance at the Children’s Commissioner for Wales Office is available in Roccio Cifuentes’ absence. Members confirmed that they wish to extend an invite to Sara Jarmin from the Children’s Commissioner for Wales’ Office to attend.

In terms of matters associated with Careers and Education, the Youth Council wished to extend an invite to representatives from the Local Authority, and decided to invite Councillor Bryan Davies, Lead of the Council and Mr Barry Rees, Corporate Director of Ceredigion County Council.

Furthermore, the Youth Council wished to extend an invite to a Welsh Government Minister and after looking at each Minister’s portfolio areas, felt that Vaughan Gething MS, Minister for Economy would be most suitable to respond to this year’s hot topics.

It was recognised that it may not be possible to expect each proposed panel member to attend, due to their busy diaries but GB and LE will prepare invites shortly after the meeting and confirm attendance with the Youth Council as soon as possible. It was acknowledged that in the absence of some proposed panel members, other colleagues will need to be considered.

Proposed Panel Members to invite to Pawb a'i Farn 2023
1.) Mr Ben Lake MP 2.) Ms Sara Jarmin, Head of Communications and Performance at the Children’s Commissioner for Wales Office 3.) Mr Bryan Davies, Councillor and Leader of Ceredigion County Council 4.) Mr Barry Rees, Corporate director at Ceredigion County Council 5.) Mr Vaughan Gething MS, Minister for Economy

GB provided further information and background to previous Pawb a'i Farn events and explained that an ‘audience’ will be invited to join from each Secondary School, College

	and representative organisations, and they will also have the opportunity to respond, ask questions or provide feedback as part of the debate.
9	Information Sharing and Date of Next Meeting
	<p>The Chair called for any other business from members. None reported.</p> <p>GB stated that the next time the Youth Council will be in the Chamber, will be for the end of office Pawb a'i Farn Event on 14/07/23. GB explained that information will be shared with Youth Council members and Schools / Organisations in due course, around the arrangements for the event, and that GB may be in touch prior to the event to confirm some logistics, details around questions etc.</p> <p>Dates of meetings:</p> <p>Meeting 1; 21/10/22 Meeting 2; 03/02/23 Meeting 3; 17/03/23 End of office, Pawb a'i Farn Event; 14/07/23</p> <p>The Chair asked all members to sign out on their way out of Penmorfa and wait for their transport in the reception area.</p> <p>The Chair and GB thanked the group for a productive and positive meeting of the Youth Council 2022-23.</p> <p><i>Youth Council meeting minutes are presented to both the Learning Communities Overview and Scrutiny Committee and Full Cabinet, to ensure that the views of young people are fed into the democratic process in Ceredigion.</i></p>

Ceredigion Community Safety Partnership



Crime and Disorder Strategic Assessment 2023

Young Person Version

The Ceredigion Community Safety Partnership **want to hear your thoughts on crime and disorder** across the county through this survey.

You can learn more about the work of the Community Safety Partnership (CSP) on the next page.

You will need to respond to this survey by **midday on 28 March 2023**.

You can send it back to the address at the end of the form, by returning it to your local Library or by sending it to

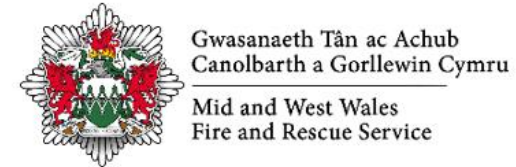
partnerships@ceredigion.gov.uk

You can also reply online by clicking [here](#).



Who is part of the Ceredigion Community Safety Partnership (CSP)?

Members of the Partnership are senior people who work in:



The CSP work together to protect local communities from crime and to help people feel safer. An important part of this work is to identify current issues and potential future threats that may affect Ceredigion. The answers given in response to this survey will tell us what worries people the most in terms of crime in Ceredigion. This will help us to plan and decide which activities should be prioritised.

Crime and Disorder Survey

Question 1: Tell us about your connection to Ceredigion.

- I live here.
- I work here.
- I live here and I work here.
- I am a student.
- I represent a Town or Community Council.



Question 2: Which of these areas do you identify with the most?

- Aberystwyth
- Tregaron
- Aberaeron
- Lampeter
- Cardigan
- Llandysul



Question 3: We want to know which of these issues are most important to you.



Very important A bit important Not important

Anti-social behaviour:

A person acts in a way which upsets someone who does not live with them.

Visible Police Presence (Town and Rural):

Seeing police officers in your area.

Substance Misuse (Drugs):

Using illegal drugs or medicine in a way that they are not meant to be used.

Illegal Supply of Drugs:

Giving or offering to give someone illegal drugs.

Substance Misuse (Alcohol):

Drinking alcohol in a way that is harmful.

Road Safety & Reducing Road Traffic Fatalities:

Teaching people how to behave safely when driving on or crossing the road.

Youth Offending – Protecting Young People:

Work with young people that get into trouble with the law and help them stay away from crime.

Vandalism, Criminal Damage and Graffiti:

When a person causes damage to something on purpose without permission.

Question 3: We want to know which of these issues are most important to you.

(Continued...)



Very important A bit important Not important

Violent Crime:

When a person uses violence or threatens to hurt someone in order to commit a crime.

Street Lighting:

Having lights by the side of the road or path when it's dark.

Vehicle Crime:

Stealing a vehicle, stealing something from a vehicle or causing damage to a vehicle.

Burglary:

Going into a building without permission to steal something.

Public Engagement and Media Influence:

Involving the public and sharing information to reduce crime.

Fear of Terrorism:

Violence or threats carried out by a person or group with a strong political opinion.

Public Order:

Making sure people behave properly in public.

Question 3: We want to know which of these issues are most important to you.

(Continued...)



Very important A bit important Not important

Arson and Deliberate Fires:

Starting a fire on purpose to damage something.

Reducing Business Crime:

When a business or person as part of their work is a victim of crime.

Rural Crime:

Crime and anti-social behaviour which happens in rural areas.

Violence Against Women and Girls:

Violence against females including physical, sexual or mental harm.

Domestic Abuse (including Stalking and Harassment):

Where a person controls, threatens or is violent to someone who lives with them.

Sexual Offences:

A sexual act directed at someone without the other person agreeing to it.

Hate Crime:

Crimes targeted at a person because of their race, religion, disability, sexuality or gender identity.

Question 3: We want to know which of these issues are most important to you.

(Continued...)



Very important A bit important Not important

Community Cohesion and Engagement, Reducing the Fear of Crime:

Different groups in the community coming together.

Reducing Reoffending:

Work with people who are in prison to help them stay away from crime when they come out.

Cyber & Online Crime:

Using a computer to carry out criminal activity.

Question 4: Tick the issues you think that have improved over the past 12 months.

- Anti-social behaviour
- Visible Police Presence (Town and Rural)
- Substance Misuse (Drugs)
- Targeting the Illegal Supply of Drugs
- Substance Misuse (Alcohol)



Question 4: Tick the issues you think that have improved over the past 12 months.
(Continued)

- Road Safety & Reducing Road Traffic Fatalities
- Youth Offending – Protecting Young People
- Vandalism, Criminal Damage and Graffiti
- Violent Crime
- Street Lighting
- Vehicle Crime
- Burglary
- Public Engagement and Media Influence
- Fear of Terrorism
- Public Order
- Arson and Deliberate Fires
- Reducing Business Crime
- Rural Crime
- Violence Against Women and Girls
- Domestic Abuse (inc. Stalking and Harassment)
- Sexual Offences



Question 4: Tick the issues you think that have improved over the past 12 months.

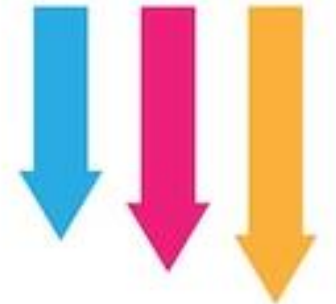
(Continued)

- Hate Crime
- Community Cohesion and Engagement, Reducing the Fear of Crime
- Reducing Reoffending
- Cyber & Online Crime



Question 5: Tick the issues you think that have got worse over the past 12 months.

- Anti-social behaviour
- Visible Police Presence (Town and Rural)
- Substance Misuse (Drugs)
- Illegal Supply of Drugs
- Substance Misuse (Alcohol)
- Road Safety & Reducing Road Traffic Fatalities
- Youth Offending – Protecting Young People
- Vandalism, Criminal Damage and Graffiti



Question 5: Tick the issues you think that have got worse over the past 12 months.
(Continued)

- Violent Crime
- Street Lighting
- Vehicle Crime
- Burglary
- Public Engagement and Media Influence
- Fear of Terrorism
- Public Order
- Arson and Deliberate Fires
- Reducing Business Crime
- Rural Crime
- Violence Against Women and Girls
- Domestic Abuse (inc. Stalking and Harassment)
- Sexual Offences
- Hate Crime



Question 5: Tick the issues you think that have got worse over the past 12 months.
(Continued)

- Community Cohesion and Engagement, Reducing the Fear of Crime
- Reducing Reoffending
- Cyber & Online Crime



Question 6: Has the amount of crime in your area changed over the last 12 months?

- A lot more crime
- A little more crime
- About the same amount of crime
- A little less crime
- A lot less crime



Question 7: Tell us about any new issues that we should be aware of.

Question 8: Do you think that alcohol abuse is a big problem in relation to crime in Ceredigion?

- Yes
 No



Question 9: Do you think that drug abuse is a big problem in relation to crime in Ceredigion?

- Yes
 No



Question 10: Do you know how to report Anti-social behaviour, and the ways it can be dealt with?

- Yes
 No



Question 11: Have you been a victim of cyber or online crime?



- Yes
- No

Question 12: What do you think might make you feel unsafe in your home?

[such as online crime, burglary, criminal damage]

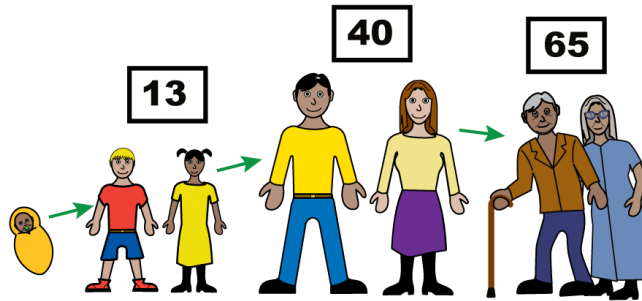
Question 13: Have you heard about the work of the Ceredigion Community Safety Partnership?



- Yes
- No

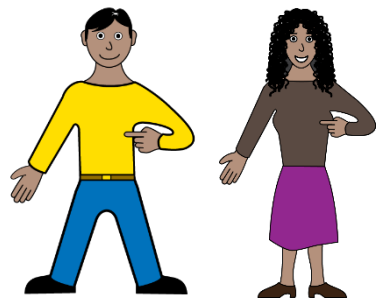
Question 14: Are there any other concerns that you would like to raise?

The next questions are about you. You don't have to answer them. They help us to understand if our survey has reached the right people.



Please write your age here:

Leave blank if you prefer not to say.



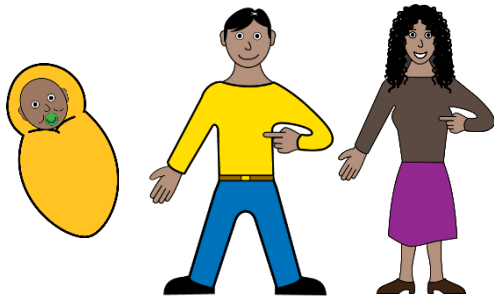
I am...

Male

Female

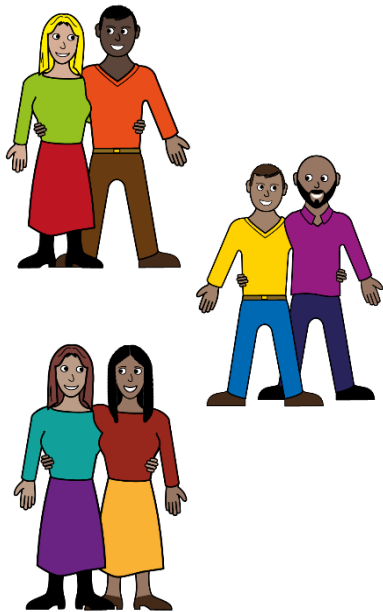
If you use a different word to describe yourself, please say what this is. _____

Leave blank if you prefer not to say.



Is your gender now the same as it was when you were born?

Leave blank if you prefer not to say.



I am...

Heterosexual / Straight

Gay

Bisexual

If you use a different word to describe yourself, please say what this is.

Leave blank if you prefer not to say.



National Identity: Are you...?

Welsh	<input type="checkbox"/>	English	<input type="checkbox"/>
Scottish	<input type="checkbox"/>	Northern Irish	<input type="checkbox"/>
Irish	<input type="checkbox"/>	British	<input type="checkbox"/>
Prefer not to say	<input type="checkbox"/>		

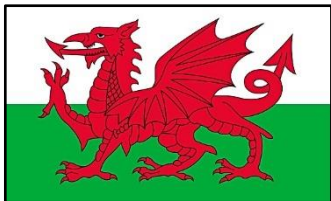
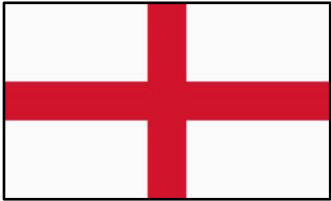
If you use a different word to describe yourself, please say what this is.



Race: Are you?

Asian	<input type="checkbox"/>
Black / African / Caribbean	<input type="checkbox"/>
Gypsy Traveller	<input type="checkbox"/>
Mixed	<input type="checkbox"/>
White	<input type="checkbox"/>

If you use a different word to describe yourself, please say what this is. _____



Language: What is your preferred language?

Welsh

English

Other

Prefer not to say

If you prefer to use a different language, please say what this is.

Language: Can you understand, speak, read or write Welsh?

Understand spoken Welsh

Speak Welsh

Read Welsh

Write Welsh

None of the above

Prefer not to say



Are you a disabled person? If yes, tick any of the boxes that says more about you.

Hearing difficulties

Sight difficulties

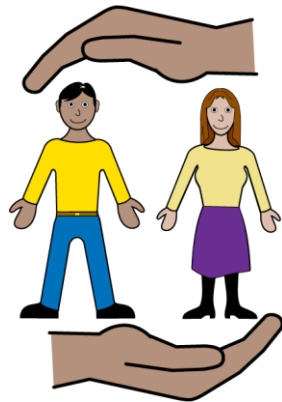
Speaking difficulties

Learning difficulties

Mental health condition

Physical disability

Please tell us here if you prefer to use your own words.

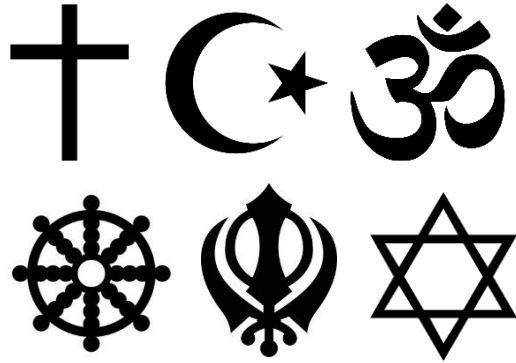


Are you a Young Carer?

Yes

No

A Young Carer looks after a friend or someone in their family. This may be because they are disabled or have a long illness or have problems because of their age.



What is your religion?

Please say if you do not have a religion.



We will only use your information for this survey. We will not share it without your permission.

We follow a law called the General Data Protection Regulation (GDPR) to keep your information safe.

We will keep your personal information for 1 year.

For more information about how we keep your information please read privacy policy here:

www.ceredigion.gov.uk/your-council/strategies-plans-policies/data-protection-and-gdpr-policy/

Thank you.

Your answers will help the Community Safety Partnership to keep Ceredigion safe.



Contact us:

Post:

Ceredigion Community Safety
Partnership
Canolfan Rheidol
Rhodfa Padarn
Llanbadarn Fawr
Aberystwyth
Ceredigion
SY23 3UE

Phone:

01545 570881

Email:

partnerships@ceredigion.gov.uk

Further Information:

<http://www.ceredigion.gov.uk/your-council/consultations/crime-and-disorder-strategic-assessment-questionnaire/>

Acknowledgements:

Pictures by Freepik.com
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Ceredigion Community Safety Partnership



Partneriaeth Diogelwch Cymunedol
Ceredigion

Background and Membership

- The Ceredigion Community Safety Partnership was established in 1999 and is one of 20 Community Safety Partnerships in Wales.
- Community Safety Partnerships (CSP) were formed following the **Crime and Disorder Act 1998**, which made it a statutory duty for each Local Authority area to have a CSP.
- CSPs are made up of representatives from the **Police, Local Authorities, Fire and Rescue Authorities, Health and Probation services**, as well as other invited organisations.

Cefndir ac Aelodaeth

- Sefydlwyd Partneriaeth Diogelwch Cymunedol Ceredigion yn 1999 fel un o blith 20 o Bartneriaethau Diogelwch Cymunedol yng Nghymru.
- Ffurfiwyd Partneriaethau Diogelwch Cymunedol (PDC) yn dilyn **Deddf Trosedd ac Anhwylder 1998**, a oedd yn ei gwneud yn ddyletswydd statudol i bob ardal Awdurdod Lleol gael Partneriaeth Diogelwch Cymunedol.
- Mae'r Bartneriaeth yn cynnwys cynrychiolwyr o'r **Heddlu, yr Awdurdod Lleol, yr Awdurdod Tân ac Achub, y gwasanaeth lechyd, y gwasanaeth Prawf**, yn ogystal â sefydliadau eraill sy'n cael eu gwahodd.



Heddlu Police
**DYFED
POWYS**



Cyngor Sir
CEREDIGION
County Council



Gwasanaeth Tân ac Achub
Canolbarth a Gorllewin Cymru
Mid and West Wales
Fire and Rescue Service

Prawf Cymru
Wales Probation



GIG
CYMRU
NHS
WALES
Bwrdd Iechyd Prifysgol
Hywel Dda
University Health Board



Home Office



Tai
Wales & West
Housing



barcud



Comisiynydd Heddlu a Throsedd
Dyfed-Powys
Police and Crime Commissioner

Cyngor Sir Gâr
Carmarthenshire
County Council



Maritime &
Coastguard
Agency



1872 PRIFYSGOL
ABERYSTWYTH
UNIVERSITY



Prifysgol Cymru
Y Drindod Dewi Sant
University of Wales
Trinity Saint David



Role and Governance

- The CSP meet a minimum of 3 times a year – **This is usually 4 times, and on a quarterly basis.**
- The Ceredigion CSP is a sub-group of the **Ceredigion Public Services Board (PSB)**. You may recall that the Youth Council recently took part in an engagement activity, whereby you were asked to share your thoughts on the PSB's draft **Local Well-being Plan for 2023-28**.
- The CSP ensures contribution to community safety elements contained within the Local Well-being Plan.
- The current **Chair of the CSP is Barry Rees** (Corporate Director, Ceredigion County Council).

Rôl a Llywodraethu

- Mae'r BDC yn cwrdd o leiaf 3 gwaith y flwyddyn – **Mae hyn fel arfer yn 4 gwaith, ac yn chwarterol.**
- Mae'r BDC yn is-grŵp o **Fwrdd Gwasanaethau Cyhoeddus Ceredigion (BGC)**. Efallai eich bod yn cofio bod y Cyngor leuenctid wedi cymryd rhan mewn gweithgaredd ymgysylltu yn ddiweddar, lle gofynnwyd i chi rannu eich syniadau ar **Gynllun Llesiant Lleol drafft y BGC ar gyfer 2023-28**.
- Mae'r BDC yn sicrhau cyfraniad at elfennau diogelwch cymunedol sydd yn y Cynllun Llesiant Lleol.
- **Cadeirydd presennol y BDC yw Barry Rees** (Cyfarwyddwr Corfforaethol, Cyngor Sir Ceredigion).

Aims

- The CSP aim to **work together to reduce crime and disorder** across the county in order to protect local communities and help people feel safer.
- This is done in a number of ways – For example, sharing information, making sure resources are used to greatest effect, and working collaboratively to deliver on projects more effectively.
- A crucial area of the CSP's work is to **identify and examine current issues and potential future threats that may affect Ceredigion**.

Amcanion

- Nod y BDC yw **cydweithio i leihau troseddau ac anhrefn** ar draws y sir er mwyn diogelu cymunedau lleol a helpu pobl i deimlo'n fwy diogel.
- Mae hyn yn cael ei wneud mewn nifer o ffyrdd – Er enghraifft, rhannu gwybodaeth, sicrhau bod adnoddau'n cael eu defnyddio i'r effaith fwyaf, a chydweithio i gyflawni prosiectau yn fwy effeithiol.
- Rhan bwysig o waith y BDC yw **nodi ac archwilio'r materion cyfoes a bygythiadau posib a allai gael effaith ar Geredigion yn y dyfodol**.

Crime and Disorder Strategic Assessment

- To help with this, the CSP are currently carrying out a **Crime and Disorder Strategic Assessment**.
- As part of this Assessment, the CSP are gathering the views of Ceredigion's residents on crime and disorder in the county through a questionnaire.
- The CSP will also collect data from organisations in order to build a full picture of crime and disorder.

Aseiad Strategol Trosedd ac Anrhefn

- I helpu gyda hyn, mae'r BDC ar hyn o bryd yn cynnal **Aseiad Strategol Trosedd ac Anrhefn**.
- Fel rhan o'r Aseiad, mae'r BDC yn casglu barn trigolion Ceredigion ar droseddu ac anhrefn yn y sir drwy holiadur.
- Bydd y BDC hefyd yn casglu data gan sefydliadau er mwyn cael darlun llawn o droseddu ac anhrefn.

Crime and Disorder Strategic Assessment

- The answers given to the questionnaire will help the CSP:
- **Identify the main issues affecting the local area.**
- **Gain perspective on important issues like fear of crime, anti-social behaviour and drug or alcohol misuse.**
- **Help to prioritise activities and manage resources.**

Aseiad Strategol Trosedd ac Anrhefn

- Bydd yr atebion a roddir i'r holiadur yn helpu'r BDC:
- **Nodi'r prif faterion sy'n effeithio ar yr ardal leol.**
- **Cael cipolwg ar faterion pwysig megis ofn troseddau, ymddygiad gwrthgymdeithasol a chamddefnydd cyffuriau ac alcohol.**
- **Cynorthwyo i ddyrannu adnoddau yn effeithiol a blaenoriaethu gweithgarwch.**

What happens next?

- The feedback from the questionnaire and data collected will tell the CSP what issues it needs to focus on for the coming year.
- The analysis from the questionnaire and data from organisations will be published in a report on the CSP webpage in June.
- **Your opinion is important. We need your help to make sure that we focus on the right priorities in 2023-2024.**

Beth sy'n digwydd nesaf?

- Bydd yr adborth o'r holiadur a'r data a gesglir yn dweud wrth y BDC pa faterion sydd angen canolbwyntio arnynt ar gyfer y flwyddyn i ddod.
- Bydd y dadansoddiad o'r ymatebion a'r data gan sefydliadau yn cael ei gyhoeddi mewn adroddiad ar wefan y BDC ym mis Mehefin.
- **Mae eich barn chi'n bwysig. Mae angen eich help arnom i sicrhau ein bod yn canolbwyntio ar y blaenoriaethau cywir yn 2023-2024.**

The questionnaire

- The questionnaire should take around **10 to 15 minutes** to complete.
- The first 14 questions allows you to share **how you feel about crime and disorder** in your local area, and any issues you are concerned about not covered by the questionnaire.
- The second part of the questionnaire relates to **information about you**. You do not have to answer these questions, but it helps make sure that we have reached a range of audiences and are hearing everyone's voice.

Yr Holiadur

- Dylai'r holiadur gymryd tua **10 i 15 munud** i'w gwblhau.
- Mae'r 14 cwestiwn cyntaf yn caniatáu ichi rannu **sut rydych chi'n teimlo am droseddu ac anrhefn** yn eich ardal leol, ac unrhyw faterion rydych chi'n pryderu amdant sydd ddim yn rhan o'r holiadur.
- Mae ail ran yr holiadur yn ymwneud â **gwybodaeth amdanoch chi**. Nid oes rhaid i chi ateb y cwestiynau hyn, ond mae'n helpu i sicrhau ein bod wedi cyrraedd amrywiaeth o gynulleidfaoedd ac yn clywed llais pawb.

The questionnaire

- Question 3, 4 and 5 relates to specific types of issues. The first time these issues are introduced (Q3), an explanation has been given under each heading to provide you with extra information.
- For example...

Question 3: We want to know which of these issues are most important to you.

Very important A bit important Not important

Anti-social behaviour:

A person acts in a way which upsets someone who does not live with them.

Visible Police Presence (Town and Rural):

Seeing police officers in your area.

Substance Misuse (Drugs):

Using illegal drugs or medicine in a way that they are not meant to be used.

Yr Holiadur

- Mae cwestiwn 3, 4 a 5 yn ymwneud â mathau penodol o faterion. Y tro cyntaf i'r materion hyn gael eu cyflwyno (C3), rhoddwyd esboniad o dan bob pennawd i roi gwybodaeth ychwanegol i chi.
- Er enghraifft...

Cwestiwn 3: Rydym am wybod pa rai o'r materion hyn sydd bwysicaf i chi.

Pwysig iawn Eithaf pwysig Ddim yn bwysig

Ymddygiad Gwrthgymdeithasol:

Pan mae person yn ymddwyn mewn ffordd sy'n achosi gofid i rywun sydd ddim yn byw gyda nhw.

Presenoldeb gweladwy gan yr Heddlu (yn y trefi ac yng nghefn gwlad):

Gweld heddwision yn eich ardal chi.

Camdefnyddio Sylweddau (Cyffuriau):

Defnyddio cyffuriau anghyfreithlon neu feddyginiaeth mewn ffordd nad ydynt i fod i gael eu defnyddio.

The questionnaire

- We will only use your information for this survey. We will not share it without your permission.
- We follow a law called the General Data Protection Regulation (GDPR) to keep your information safe.
- You **don't** need to include your name or identifiable information (such as your school) to your response sheet.
- **Please let us know if you have any questions, and thank you for your help in keeping Ceredigion safe.**

Yr Holiadur

- Byddwn yn defnyddio eich gwybodaeth ar gyfer yr arolwg hwn yn unig.
- Rydyn ni'n dilyn deddf o'r enw'r Rheoliad Cyffredinol ar Ddiogelu Data (GDPR) i gadw'ch gwybodaeth yn ddiogel.
- Does **dim angen** i chi gynnwys eich enw na gwybodaeth adnabyddus (fel eich ysgol) ar eich taflen ymateb.
- **Rhowch wybod os oes gennych unrhyw gwestiynau, a diolch am eich cymorth i gadw Ceredigion yn ddiogel.**

Support / Cymorth

Below are some **support charities and reporting avenues** should you require them.

Isod mae **rhai elusennau cymorth a llwybrau adrodd** pe bai chi eu hangen.



Gwasanaethau Dioddefwyr a Thystion / Victim and Witness Service

☎ 0300 1232996

CrimeStoppers.
Speak up. Stay safe.

Crimestoppers & Fearless
Rhoi gwybodaeth yn ddiennw / Give information anonymously

☎ 0800 555 111



ACT

Rhoi gwybod am ymddygiad amheus / Give information about suspicious behaviour

☎ 0800 555 111

ACT | ACTION COUNTERS TERRORISM

childline
ONLINE, ON THE PHONE, ANYTIME

Childline

Gwybodaeth a chyngor / Information and advice
☎ 0800 1111

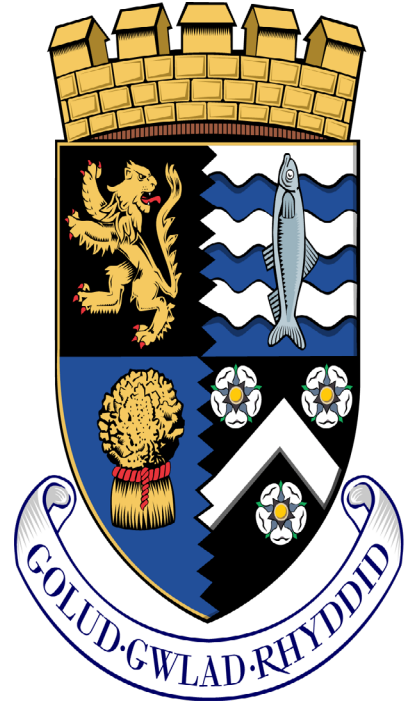
Live Fear Free Helpline
0808 80 10 800

Byw Heb Ofn / Life Fear Free

Cymorth ar drais yn erbyn menywod, cam-drin domestig a thrais rhywiol / Help about violence against women, domestic abuse and sexual violence
☎ 0808 801 0800



Mewn argyfwng, ffoniwch 999.
In an emergency, phone 999.



Cyngor Sir
CEREDIGION
County Council



Support & Prevention Rural Community Engagement Review
Feedback to the Youth Council March 2023



Purpose of the Review

Purpose



- Review the impact and sufficiency of the 'Rural Engagement and Outreach Provision' delivered by Support and Prevention teams in relation to six key questions

Overview of the project: Aims and Objectives

Where are we strongest?

Where are we weakest

What needs to change

How can we improve?

What is the best approach

How can we bolster partnerships and accessibility to specialist services



Outcome

- Clear overview of the Impact and sufficiency of support and prevention services, young people and communities.
- Support the Local Authority in developing stronger, more efficient and integrated approaches of delivery and management for the benefit of young people.



Feedback from Youth Council and Young People

Feedback from Youth Council and Young People

(age 16-18yrs old)

Life can be boring for us. There is little in the way of sport and leisure facilities in the rural areas and buses cost too much to travel to larger towns.

We want more support into employment opportunities not just education.

Public transport is poor, slow and expensive.

Our schools focus too heavily on academic abilities rather than on practical things like apprenticeships.

We would like to see more food bank support for people and families who are financially struggling. Life is getting harder, and a lot of my friends are worried about the future and what opportunities we will have in our towns for work and leisure.

We need and want more youth clubs, more often, and for later in the evening.

Can we have access to good career advisors in our schools? Our experiences of this service to date is poor.

Can we ask for more support in investing and looking after our public paths and bridle ways. These are at the heart of keeping our communities moving and also act as a good stress reliever, but some are in poor condition. Could we develop a local enterprise to bring them back to life?

Feedback from Youth Council and Young People

Can we develop more access to help for those of us who are not the best academically but have a lot to offer our communities? Most support at our schools feels like it goes to those who achieve the required grades.

Working out in the gym is really helping me with my mental health and gives me an opportunity to talk to my youth worker who I trust.

Can we have more sports activities and clubs please? We love boxing and basketball but there aren't many clubs here.

Young people leave to find work and study. There's a very clear route for people to leave to go for education, to go for work, but not a very clear route to come back to Ceredigion. We need improved transport and business grants, certainly for people moving back early in their career.

Improvements in the ability to buy houses. It's almost impossible to rent houses in West Wales.

Can we improve the quality and access to skills training that young people need in order to be able to go into a range of industries in Ceredigion?

Could more local businesses be encouraged to offer bursaries for young people for training or equipment required our chosen vocation.

Most of my friends have moved away due to better job prospects or to study in universities in Cardiff or Swansea. They think life in Ceredigion is hard due to the lack of good public transport and limited leisure facilities. We need more investment in these areas so more of us want to live and work in Ceredigion.

Welsh Government Youth Work Strategy for Wales





Feedback on strengths

Inclusive and accommodating

lead by example and no one is turned away. We are trusted by young people.

Advocacy: we listen and respond, giving young people tools to communicate with their families and teachers.

Youth worker presence in schools: we value having the capacity to ensure that every secondary school has a youth worker onsite 4 days per week

Feedback on strengths

Engagement: Opportunities for young people to have a voice and to be actively involved in advising the council of their opinions about its decisions.

'Gold standard' of working together

Increased our mobile outreach work into communities

Personalised 1:1 work to boost the confidence and self-belief of young people.



Feedback on challenges and areas to improve

Expand opening hours and access to youth clubs

We need to provide more 'youth space' within a range of settings across the county

Continue to evolve and grow our range/offer of 'vocational based interventions', that focus on the needs and wishes of the young person, from work experience placements to work taster sessions



Feedback on challenges and areas to improve

We have seen a big increase in supporting mental health needs post Covid-19

More investment in the offer of mobile outreach youth work

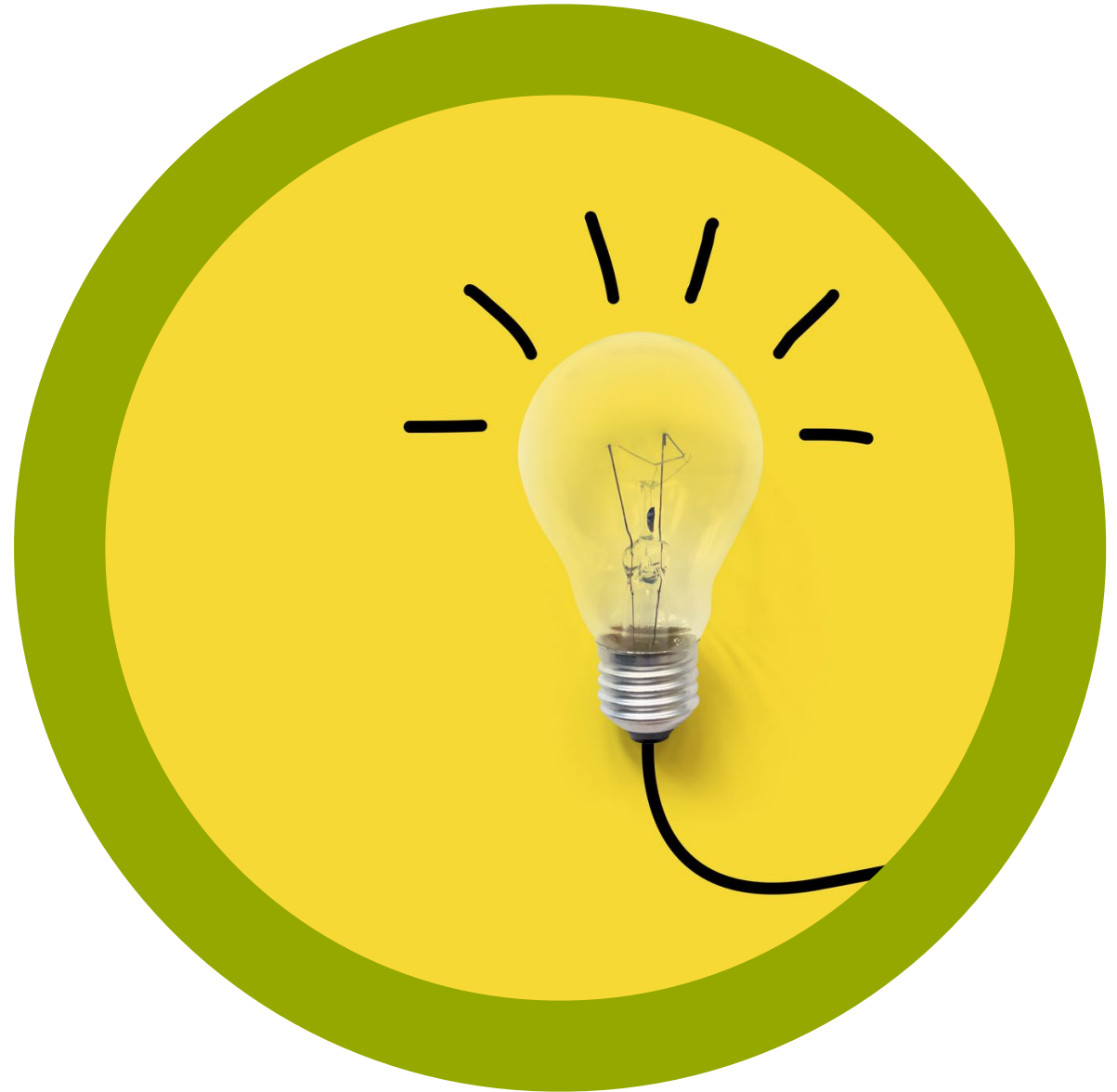
The lack of space for private meetings

Social Media presence, use of information technology is limited and could be more prolific and innovative.

Improvements to working in partnership with some schools



Recommendations



Recommendations

- Boost the application and use of social media
- Design and host a web portal of wellbeing resources and support for young people
- Consider the potential return on investment in developing a 'safe space' drop-in centre in Ceredigion for young people to receive support for an urgent mental health or emotional wellbeing need
- Strengthen the partnerships with local schools to further embed a supportive environment where young people are encouraged to fulfil their personal and academic potential, where they thrive, learn and develop emotionally and are supported to consider their career options in the world of business

Recommendations

- Design a toolkit that supports local people and voluntary groups in how to set up a youth club
- Enhance the offer of the 4 statutory youth clubs allowing for staffing and the associated costs in providing an extension to the opening hours of all 4 youth clubs including weekend provision.
- In partnership with the Dyfed-Powys Police Youth Ambassadors, help shape and respond to a range of priorities that were identified in the youth survey over the summer/autumn of 2022.
- Youth Outreach/Mobile provision – Review impact and expansion opportunities

Thank you for your time today

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Cyngor Sir
CEREDIGION
County Council

An independent review of Support and Prevention Services, Rural Community Engagement, Mobile and Outreach Project. Report

MARCH 2023



Version 1

Welsh
CONSULTING LTD

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Executive summary

Between the ages of 11 and 25 young people undergo significant change and development as they transition between childhood, adolescence and young adulthood. During this period, the support from people who are involved in youth work is crucial in helping to enable and guide young people, giving them the opportunities and experiences in which they can develop personally, socially and academically.

The aim of youth work is to enable young people to develop holistically, working with them to facilitate their personal, social and educational development, to enable them to develop their voice, influence and place in society and to reach their full potential.

In September 2022 Ceredigion County commissioned WELV Consulting Ltd (WELV) to lead on an independent review of the Community Engagement and Outreach provision with an aim to support the Local Authority in developing stronger, more efficient and integrated approaches of delivery and management for the benefit of young people.

A key aspect of the project was to capture a wide range of views, from children and young people who are residents of Ceredigion, and also from internal staff and other community partners and stakeholders, along with relevant committees and boards, who will benefit or be impacted on through the decisions made based on the recommendations within this report.

To help shape the focus of the review, six questions were used that formed the basis of both the aims for the project and the structure of all engagement activity.

The questions were to identify:

- **Where are we strongest?** What areas are working well? What do staff and stakeholders value the most? Where can we model good practice?
- **Where are we weakest?** What is most detrimental to service efficiency and delivery? What services and provisions require long term investment?
- **What needs to change?** What barriers are currently preventing progress and results
- **Where are we innovative and how can we best empower staff and stakeholders?**
- **How can we improve?** How can services develop, evolve and move forward?
- **Why is this best approach?** What research/evidence is available to promote change
- **How can statutory functions and roles best be delivered to improve early intervention and prevention pathways?** How can we bolster partnerships and accessibility to specialist services?

This report outlines the responses to these six questions from all the stakeholders who WELV met with between the months of October 2022 and February 2023.

Based on the results of these discussions a range of recommendations are included to support the council and its partners to apply the learning from this project and move forward in delivering its aims and objectives for young people across Ceredigion.

The recommendations have been directly informed by the voices of young people in Ceredigion, they are outlined on pages 44-47 of the report, in summary they are:

Executive summary

- To undertake a mapping and case tracking exercise to analyse the pathways, routes and timings of referrals into Support and Prevention, in order to agree upon clear transfer arrangements that ensure young people receive the help they require in terms of their care and support needs; both non-eligible wellbeing and prevention needs and eligible social care needs and outcomes.
- Boost the application and use of equipment and information technology, including the range of methods of communication when engaging with young people.
- Consider developing a web-portal (or an application such as Padlet) that seeks to support young people, wider youth support service professionals, as well as parents, with an overview of the Support and Prevention Service.
- Consider the potential return on investment in developing a 'safe space' drop-in centre in Ceredigion for young people to receive support for an urgent mental health or emotional wellbeing need.
- Design and publish a toolkit that supports local people and voluntary groups in how to set up a youth club which could further expand the offer of youth clubs within the rural communities of Ceredigion and operate as social enterprises.
- Source potential income/budget revenue(s) to further enhance the offer of the 4 statutory youth clubs, allowing for staffing and the associated costs in providing an extension to the opening hours of all 4 youth clubs; including weekend provision.
- Consider the potential learning opportunities of the Pembrokeshire YISP (Youth Inclusion Support Project) model that could further strengthen Ceredigion's reputation as a 'gold star' partnership arrangement (by Dyfed-Powys Police). Working with young people who are considered to be at risk of offending or anti-social behaviour, or where there are concerns about their emotional or mental health.
- To further extend and broaden the offer of support via 'mobile youth provision', which has significant value in rural Ceredigion.
- Improve how Support and Prevention mutually work in partnership together with schools to role model the core values of the Welsh Governments 'Framework on embedding a whole school approach to emotional and mental well-being' e.g. belonging, efficacy and having your voice heard.
- Undertake a review of the Child and Adolescent Mental Health Services (CAMHS) in Tier's 1 and 2 at the earliest possible opportunity during 2023, involving Porth Cymorth Cynnar, Porth Cynnal and the Regional Partnership Board.

We recognise resources are tight and difficult decisions have had to be made. However, effective outreach youth work is reliant on meaningful investment, engagement with young people and trusted partnership working across the sector. Furthermore, young peoples outreach work remains a robust approach for empowering young people to use their voice, be heard and play an active role in designing, delivering and holding accountable the services that they access.

The development of this report is the culmination of an approach engaging with young people, staff and volunteers and we are very grateful to everyone for their contributions.

Overview of Ceredigion County Council Support and Prevention Service



Overview of Ceredigion County Council Support and Prevention service

The Support and Prevention service is made up of multi-disciplined teams, with an overall aim of providing child and youth-led approaches to enable children and young people to be empowered, to achieve, to develop personally, emotionally, socially and be the best that they can be. The United Nations Convention on the Rights of the Child (UNCRC) underpins everything that the teams do via the provision of universal and focused support for children and young people which includes:

- **Youth Work and Engagement** (youth work in schools, education progression, accredited learning and participation)
- **Support and Attainment** (primary/ secondary mentoring, transition, emotional wellbeing, nurturing and outreach)
- **Community Youth Work and Prevention** (16-24 support, community outreach, youth centres, focussed and universal provisions)

The Support and Prevention service has a clear focus on early intervention and targeted support; tailoring services/provision to meet the needs of young people in Ceredigion.

To achieve this, the service forms part of Ceredigion's 'Through Age and Wellbeing' integrated service delivery model (TAWM), that is designed to ensure young people get the right level and type of support, at the right time and should reduce the chances of the person developing established patterns of antisocial and harmful behaviour leading to involvement with statutory and specialist services.

Youth work and youth support services need to be seen as 'part of the team' and the Support and Prevention service work closely with a range of valued partners including:

- Education establishments e.g, primary and secondary schools
- Young people forums
- Further education providers
- Third and voluntary sector
- Dyfed-Powys Police Force (and other public sector organisations)

The Support and Prevention team and its partners, work together to reduce the duplication of services and increase the diversity of support on offer to young people within many aspects of support for a young person. This includes, but is not limited to; personal, social, educational, physical, mental and emotional wellbeing by promoting individual and family resilience, empowerment and independence.



Overview of the Support and Prevention service

Youth Work and Engagement

The aim of youth work and engagement is to enable young people to develop holistically, working with them to facilitate their personal, social and educational development, to enable them to develop their voice, influence and place in society and to reach their full potential.

School based Youth Workers engage with young people aged 11 – 18 both in universal and focussed contexts. Youth Workers strive to build and maintain meaningful relationships with all school pupils; that includes referred pupils whom are deemed at risk of disengagement from mainstream education due to one or a host of reasons. These reasons may include the inability to cope with conformity, breakdown within the home, family bereavement, abuse or exploitation.

Support and Attainment

The Children and Young People's Skills (CYP) Mentors support children and young people who may show behaviours that challenge as a result of their social and emotional experiences. The mentors provide support for children and young people in Primary Schools, Secondary Schools and other education settings across Ceredigion i.e. Alternative Curriculum and PRU. They engage with children and young people in both focussed one-to-one and small group based settings. The aim is to support children and young people to manage their emotions, channelling their energy positively, by focussing on attainment, both educationally and personally and providing restorative approaches to de-escalate behaviours that are not conducive to education and community settings.

Rather than focus on the child or young person being the 'issue', mentors promote an holistic and strengths-based approach to better understand the deeper reasons as to why they may be finding their current environment challenging and/or displaying negative behaviours.

Community Youth Work and Prevention

Youth work is a distinct profession with its own qualifications framework and National Occupational Standards (NOS). Youth Support Services are a suite of services that are given statutory basis in the 'The Learning & Skills Act' (2000) Section 123, which states; services which in the opinion of the National Assembly will encourage, enable or assist young persons (directly or indirectly): (a) to participate effectively in education or training, (b) to take advantage of opportunities for employment, or (c) to participate effectively and responsibly in the life of their communities. [programmes instead of officers.](#)

The council's Community Youth Work and Prevention team consists of youth workers, prevention and diversionary **officers** and support staff, all of whom provide targeted and universal interventions in line with the National Occupational Standards, 'Youth Work in Wales: Principles and Purposes' and the introduction of the Youth Justice Blueprint such as:

- Structured activity programmes
- Post-16 support i.e. engaging with those that are/at risk of becoming Not in Education, Employment or Training (NEET)
- Centre-based support i.e. Youth Club/Youth Centre and drop in provisions
- Detached/mobile outreach and pop up youth work
- Supporting youth justice preventions delivery, including Out Of Court Disposals and Diversion
- Promoting voluntary youth sector partnerships including managing Service Level Agreements

Aims of the project and the views of the Youth Council and young people in Ceredigion



Value

A key aspect of this project is to capture a wide range of views from children and young people who live in Ceredigion and also views of internal staff and other community partners, stakeholders and relevant committees and boards, who will benefit or be impacted upon through the decisions made based on the recommendations within the review.

The focus for the evaluation and review of the services and feasibility study is based on six questions which also form the basis of the aims for the project, these are to identify:

Project aims:

- **Where are we strongest?** What areas are working well? What do staff and stakeholders value the most? Where can we model good practice?
- **Where are we weakest?** What is most detrimental to service efficiency and delivery? What services and provisions require long term investment?
- **What needs to change?** What barriers are currently preventing progress and results
- **Where are we innovative and how can we best empower staff and stakeholders?**
- **How can we improve?** How can services develop, evolve and move forward?
- **Why is this best approach?** What research/evidence is available to promote change
- **How can statutory functions and roles best be delivered to improve early intervention and prevention pathways?** How can we bolster partnerships and accessibility to specialist services?

To address the aims we used a mixed method approach to maximise engagement from all relevant stakeholders, that sought to gain an understanding of the qualitative impact of the services currently provided and what models of delivery are required for the future.

Pages 10 – 36 below provide a summative review on the responses, views and opinions of all the stakeholders to the six questions, which have been grouped into 'themes' based on the 5 aims of the Welsh Governments 'Youth Work Strategy for Wales' 2019:

- Young people are thriving
- Youth work is accessible and inclusive
- Voluntary and paid professional youth work staff are supported throughout their careers
- Youth work is valued and understood
- A sustainable model for youth work delivery

The responses to each question also include the views of young people in Ceredigion about what life is like living in Ceredigion and what they would like to see change.



Proposal and Methodology

To complete the project a number of stages were required as described in the table below:

<p>01. DESK TOP REVIEW</p> <p>Critically review the impact and sufficiency of the 'Rural Engagement and Outreach Provision' delivered by Support and Prevention in relation to the six key questions outlined in the Rationale – via mixed-method approaches, including desk and field (blended) research</p>	<p>1.1 Desk top research based on key legislation and stakeholder feedback (see 02. below).</p> <p>1.2 Taking into account the views of people who support young people who will benefit or be impacted on through the decisions made based on the recommendations within the review.</p>
<p>02. CONSULTATION AND ENGAGEMENT</p> <p>A mixed method approach was adopted to maximise engagement from all relevant stakeholders that sought to gain an understanding of the qualitative impact of the services currently provided and what models of delivery are required for the future. The specific activities included:</p>	<p>2.1 One to one interviews with key stakeholders, partners and young people.</p> <p>2.2 Focus groups and face to face visits to youth clubs in Ceredigion.</p> <p>2.3 Virtual and face to face attendance at team meetings.</p>
<p>03. ANALYSIS AND RECOMMENDATIONS</p> <p>Upon the conclusion of stages 1 and 2 all the information gathered was collated and analysed to inform the development of the report.</p>	<p>3.1 Information in stage 1 and 2 used to help identify and support the Local Authority in developing stronger, more efficient and integrated approaches of delivery and management for the benefit of its residents.</p> <p>3.2 Development of a report to address all the points referred to in section 1 and 2 (above) with findings and references to any other reports or background information.</p>

Views of the Youth Council and young people about what life is like living in Ceredigion and what they would like to see change.

As part of the engagement activities we met with both the Ceredigion Youth Council (which consists of young people from every secondary school in the county) and representatives from young people's forums including Ceredigion Youth Service, Coleg Ceredigion and Ceredigion Actif, as well as young people who attend the Aberystwyth and Aberaeron youth clubs.

We asked them to tell us what is important to them about living in Ceredigion and what they wanted to see change. The feedback is shown in the graphics over the next two pages.

(age 16-18yrs old)

Life can be boring for us.

There is little in the way of sport and leisure facilities in the rural areas and buses cost too much to travel to larger towns.

We want more support into employment opportunities not just education.

Public transport is poor, slow and expensive.

Our schools focus too heavily on academic abilities rather than on practical things like apprenticeships.

We would like to see more food bank support for people and families who are financially struggling. Life is getting harder and a lot of my friends are worried about the future and what opportunities we will have in our towns for work and leisure.

We need and want more youth clubs, more often, and for later in the evening.

Can we have access to good career advisors in our schools? Our experiences of this service to date is poor.

Can we ask for more support in investing and looking after our public paths and bridal ways. These are at the heart of keeping our communities moving and also act as a good stress reliever, but some are in poor condition. Could we develop a local enterprise to bring them back to life?

Views of the Youth Council and young people in Ceredigion about what life is like living in Ceredigion and what they would like to see change.

Can we develop more access to help for those of us who are not the best academically but have a lot to offer our communities? Most support at our schools feels like it goes to those who achieve the required grades.

Working out in the gym is really helping me with my mental health and gives me an opportunity to talk to my youth worker who I trust.

Can we have more sports activities and clubs please? We love boxing and basketball but there aren't many clubs here.

Young people leave to find work and study. There's a very clear route for people to leave to go for education, to go for work, but not a very clear route to come back to Ceredigion. We need improved transport and business grants, certainly for people moving back early in their career.

Improvements in the ability to buy houses. It's almost impossible to rent houses in West Wales.

Can we improve the quality and access to skills training that young people need in order to be able to go into a range of industries in Ceredigion?

Could more local businesses be encouraged to offer bursaries for young people for training or equipment required our chosen vocation.

Most of my friends have moved away due to better job prospects or to study in universities in Cardiff or Swansea. They think life in Ceredigion is hard due to the lack of good public transport and limited leisure facilities. We need more investment in these areas so more of us want to live and work in Ceredigion.

WHERE ARE WE STRONGEST?



Where are we strongest?

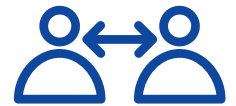
Building Relationships

It is through youth work – the establishment of trusted relationships with adults, healthy relationships with peers and safe spaces in which to develop – that young people can be supported to build resilience and better understand how to make effective choices.

I would like help from someone who understands me, so I am able to grow so I can be the best I can be.

I want to get the best help possible from someone I trust.

- **Consistency** for young people, we have a well established team who are trusted by young people and our partners.
- **Trusted relationship:** the high levels of trust that exists across the teams really helps in generating co-operation and meaningful relationships between young people and their youth workers. Our knowledge and expertise helps us make an important contribution to achieving results as we anticipate and respond quickly to problems.
- **Advocacy:** we are the safe person/guardian, we listen and respond, giving young people tools to communicate with their families and teachers.
- **Young peoples voices are always heard first:** we listen and the views of young people are at the centre of our team.
- **Nurturing:** we go back to basics with young people and help them learn the skills they need.
- **Personalised** 1:1 work to boost the confidence and self-belief of young people.



Where are we strongest?

Youth work is accessible and inclusive

Youth work is accessible and inclusive to young people right across the country. While we must give important consideration to issues such as rurality and location of services, youth work must also be accessible and inclusive in a wider sense to all young people. It should reflect the range of diverse backgrounds, identities, experiences, and needs of young people in Wales.

We need and want more youth clubs, more often, and open later into the evenings please.

Can we have more access to help for those of us who are not the best academically but have a lot to offer our communities, most support at our schools feels like it goes to those who achieve the required grades.

- **Inclusive and accommodating:** we lead by example and no one is turned away. We are trusted by young people.
- **Build understanding:** we take an holistic approach to the life of young people (vs an education only focused approach).
- **Create safe spaces:** that all young people can voluntarily choose to access – these safe spaces may be physical (in a club or centre, on the street, at leisure facilities, as part of outreach), virtual (over the phone, digital) or emotional (by establishing welcoming, understanding, young person-informed cultures).
- **Flexible:** all of our teams are creative, innovative and responsive to changing circumstances. We are accessible to all young people.
- **Engagement:** a strength is our level of engagement and opportunities for young people to have a voice and to be actively involved in advising the council of their opinions about its decisions. This works well, for example; we have a really effective and active Youth Council which has been established since 2015 and a range of youth forums and consultation workshops which we know young people value and helps them to build their self-esteem, confidence, and a sense of collective influence.



Where are we strongest?

Paid and voluntary professional youth work staff are supported and valued throughout their careers

Our greatest resource is the youth workforce – both voluntary and paid professional staff – that provide opportunities and experiences for young people across the county. These opportunities and experiences are often varied and diverse, but serve primarily as the means for furthering a young person's social, emotional and personal development. We value their effort and want to reward it with an offer of learning and support and by securing the recognition their profession deserves.

Working out in the gym is really helping me with my mental health and gives me an opportunity to talk to my youth worker who I trust.

Without the help and support of my mentor there's no way I would have the confidence to go to a job interview, they have really helped me turn my life around for the better.

- **We are valued:** we feel valued by managers who are very approachable and solution focused, this helps us achieve better outcomes for young people.
- **Communication** skills across the team; we communicate really well together and we do not shy away from asking for advice and guidance from one another and from our managers which helps to ensure our creditability in developing meaningful relationships with young people to help and empower them.
- **Team work:** we are proud of our team work ethic, for example; in helping to set up and support the Youth Council to meet together 3/4 times a year. We work well together and we value each others contributions and this is backed up in the amount of development and learning we can access.



A sustainable partnership model for youth work

The systems and structures for the planning and delivery of youth work operate consistently to a shared set of standards and a robust understanding of the nature of youth work in Wales, including how it is equitably funded, planned, delivered and held accountable.

I need to know you are going to be there. Youth work needs to be something that lasts.

Can we have more sports activities and clubs please? We love boxing and basketball but there aren't many clubs here.

Where are we strongest?

- **Prevention work:** the earlier the better and we build on our trusted relationships. Early intervention via our nurturing programme helps us to catch issues before they escalate.
- **Youth worker presence in schools:** we value having the capacity to ensure that every secondary school has a youth worker onsite 4 days per week. This is particularly meaningful in rural areas where access to public transport for young people to travel to meet with us can be difficult. It works well as we are not expected to cover other schools, so we are able to build up a rapport with young people (and the teachers) and develop trusted relationships, including offering advice and support about the transition to life post education.
- **'Gold standard' of working together:** partnership working between Intact Team officers and Youth Services is 'gold standard' in Ceredigion. Partnership working and the sharing of relevant information is very cohesive, including project pathways and project safe programmes.
- **Effective outreach:** outreach works really well and Ceredigion Council leads on much of this work. We have a sustainable partnership that helps us protect and promote a young person's rights. The cohesive and efficient way we receive information strengthens how we respond to children and young people living in the area.
- **Community Safety Partnership meetings:** highly valued by the police as they enable them to become aware of the nature of crime and disorder, anti-social behaviour, and the misuse of drugs within the county. This was felt to be a really effective partnership which identifies methods of developing and implementing actions to reduce these problems and delivering direct resources to address them, with a strong 'evidence based', intelligence led foundation. The councils staff who work with young people are great at engaging with the police and comments included 'no one could achieve outcomes without each other, we trust and value their contribution'.
- **Work hard to sustain mutually beneficial relationships:** based on a clear understanding of the value of youth work in Ceredigion and a shared purpose to deliver enriching opportunities and experiences for our young people no matter their background or where they live.



Measuring the impact of support and prevention



Value

Where are we strongest? Measuring the impact

Measuring the impact of the strengths of Support and Prevention services

As part of the research in evaluating how the work of the Rural Engagement and Outreach Provision (provided by the Support and Prevention services) is having a positive impact on the Local Authority's vision of developing through-age services for young people, we undertook a range of desk top research using internal data supplied to us by the Support and Prevention service.

...through utilising additional funding via the UK Government Community Renewal Fund.

The tables below provide information on the number of young people who have been supported by the Support and Prevention teams from November 2021 to December 2022.

In total 308 young people received support in areas such as gaining a qualification and engaging in job searching to support with life skills.

In 2022 a total of 181 young people aged 16-25 engaged with post 16 support with projects such as Inspire, pop up events, structured activity programmes, one-to-one and small group outreach . A total of 89 workshops have been delivered and 66 young people have successfully been supported in entering education, employment and training.

Indicator	Target	Achieved Nov 21- Feb 2022	Achieved Mar 22 - Jun 22	Achieved Jul 22 - Sept 22	Achieved Oct 22 - Dec 22	Total Achieved	Difference
# of people supported to participate in education	0	0	46	20	46	112	-112
# of people supported to gain a qualification	0	0	5	4	5	14	-14
# of people supported to engage in job-searching	0	0	89	52	65	206	-206
# of people supported to gain employment	0	0	11	7	11	29	-29
# of people supported to engage in life skills	0	0	46	28	31	105	-105
Total Outputs	0	0	197	111		308	-308

Indicator	Target	Achieved Nov 21 - Feb 22	Achieved Mar 22 - Jun 22	Achieved Jul 22 - Sept 22	Achieved Oct 22 - Dec 22	Total Achieved	Difference
People engaged in job searching following support	25	27	32	20	16	95	-70
People in employment, including self-employment, following support	15	13	15	27	8	63	-48
People engaged in life skills support following interventions	50	27	46	28	31	132	-82
Total Outputs	90	67	93	75		235	-145



Where are we strongest?

Measuring the impact

The infographic below provides a summary of the impact of Rural Engagement and Outreach Provision provided by the Support and Prevention services.



95 young people engaged in job searching following support. This total exceeded the annual target by **70**



63 young people in employment, including self-employment following support. This total exceeded the annual target by **48**



132 young people engaged in life skills support following interventions. This total exceeded the annual target by **82**



112 young people participated in education following interventions who were risk of absconding or struggling with completing the curriculum

Where are we strongest?

Measuring the impact



The information below provides further evidence on the positive impact of meeting the wellbeing outcomes of young people following targeted support from the Support and Prevention teams



Project Pathway (ages 11-16): working with education providers and schools to improve their engagement with hard-to-reach young people which has led to reductions in offending and limiting the risk of exploitation in communities in partnership with multi-agencies including Dyfed-Powys Police, Team Around the Family and Choices.

01



Project Inspire (ages 17-25): engaging with people that are/at risk of becoming NEET and who are likely to commit criminal offences. Utilising centres to offer drop in provisions alongside workshops and activities to meet young peoples personal and social development. The activities and workshops that are offered to young people include personal and social development, money management; focusing on resilience, confidence and wellbeing.

02



Staff Project Evaluation Gym Sessions: 4 -week targeted Gym Programme aimed at working with 6 young people aged between 16-25 to develop their self-confidence, gain focus and reduce their anxiety. Targeted at people who have been excluded from school over the school year of 2021- 2022 and were at risk of becoming NEET. Impact has been significant improvement in their self-confidence, self-esteem, social skills and engaging better at school.

03



Emotional and Mental Wellbeing: a number of young people have been supported to apply for and obtain apprenticeships in sectors such as nursing, IT and sports science. The impact for these young people has been extensive, with improvements in self-confidence, personal resilience, self-awareness and self-esteem whilst also providing financial income generation for themselves, families and the local community.

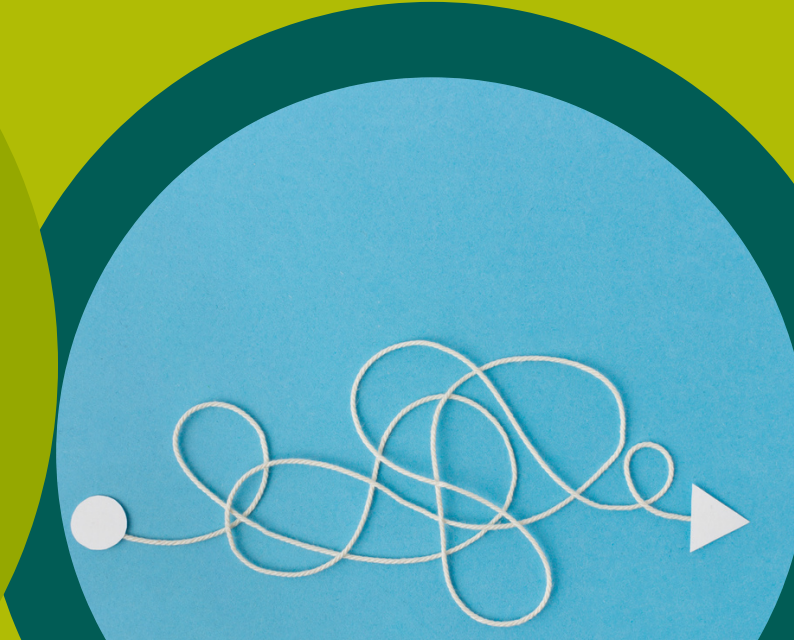
04



'Y FAN': a collaborative and youth-led project funded by the National Lottery Fund; providing a mobile provision to rurally isolated areas, villages, and towns in Ceredigion. The aim is to provide bespoke youth club programmes and activities to engage with young people, particularly those who are disadvantaged, vulnerable and require support. Demand has been very high bringing new initiatives to communities to help individuals connect with each other. It is pivotal in providing a through-age approach to building community resilience and wellbeing for young people.

05

WHERE ARE WE WEAKEST?



Where are we weakest?

Due to the impact of Covid-19, in 2021 and early 2022 the Support and Prevention service mainly delivered targeted and focused provision within education settings and those categorised as essential community visits i.e., wellbeing walks, home visits and outreach for those young people identified as vulnerable.

There are currently **530** individual cases recorded on 'Child-view' (the service management information system) – which includes primary, secondary and post 16 young people already open to support. According to the Porth Cynnal service strategy proposal for levels of need, the thresholds for the referrals received can be categorised as:

- 10% Acute
 - 6% Complex
 - 84% Vulnerable, and
 - 0% universal
- change to:
20% complex
70% Vulnerable
10% Universal

Since September 2022, **212** new referrals have been made from schools across Ceredigion.

The service would typically have a reach of up to **5,000** children and young people annually via both targeted and universal provision i.e. youth clubs, holiday provision, after-school clubs etc. and through utilising Service Level Agreements and collaborative work with the third sector, that accounts for up to **51% of the youth population (16–18)** in Ceredigion.

As the Support and Prevention service continues to recover from Covid-19, universal provision restarted in January 2022 as well as the re-start of community-based provisions such as youth clubs and engagement, recreational and social projects for children, young people and families living in rural areas. [350 young people accessed weekly youth club provision and holiday activities between January 2022 - September 2022.](#)

As part of our engagement activity we met with a range of stakeholders and asked them to share with us:

'Where are we weakest?': this question included opinions on what aspects of the service model were most detrimental to efficiency and delivery and what services and provisions require long term investment?

The information on pages 23 to 25 provide a summary of the responses to this question.



Where are we weakest?

Youth work is valued and understood

Youth work has a vital role to play in partnership with formal education to help realise the four purposes of Curriculum for Wales 2022. Furthermore, youth work services are important to the delivery of the Youth Engagement and Progression Framework (2017), supporting young people to remain engaged in their education, employment and training or re-engage where appropriate. To maximise the contribution of youth work to these areas, it needs to be valued and understood at all levels in the system so it is at the forefront of decision-makers minds when commissioning or considering the impact of provision.

Youth work should be important to everyone!

Our schools focus too heavily on academic abilities rather than more focus on practical things like apprenticeships.

- **Fractionalised relationship** with the education system and schools, struggling to obtain 'buy in', which can create conflict and a lack of joined up working.
- **Managing expectations:** communication within schools is another challenge. What schools 'expect' and what the team's roles actually are sometimes leads us into counter-productive relationships and risk increasing tension in the partnership.
- **Managing relationships:** a large focus of our work is within schools and that relationship can be difficult to manage both in terms of an understanding of our role and in managing the expectations placed on us.
- **Lack of clarity of roles and responsibilities** across all teams within the TAWM model, which causes confusion and delays to the provision of targeted support for young people. There is little clarity on priorities in terms of where the gaps are and who will address them.



A sustainable partnership model of youth work

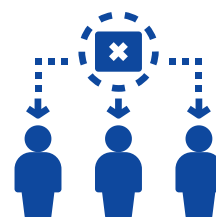
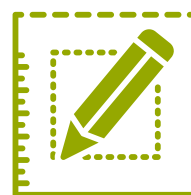
The systems and structures for the planning and delivery of youth work operate consistently to a shared set of standards and a robust understanding of the nature of youth work in Wales, including how it is equitably funded, planned, delivered and held accountable.

We need and want more youth clubs, more often, and for later in the evening.

I trust you but I'm worried and concerned about what will happen if you cannot support me later this year.

Where are we weakest?

- **We can often be seen as the '4th emergency service'** and sometimes only get to see a young person for 1 hr per week. Schools often 'refer' into us at crisis point and the age of referrals are getting younger due to the impact of the Covid-19 pandemic. Referrals do differ from school to school (town vs country) as the capacity within them is very different.
- **We have seen a big increase in supporting mental health needs post Covid-19:** our team do not have the sufficient capacity, the required range of specialist skills and knowledge sets, nor the resources and tools to manage the demand in a way that is person centred.
- **Sustainability of grant funds:** we do access grant provisions dependant on what is on the horizon at the time but we have some concerns over sustainability. The alternative curriculum is EU funded, which is a worry for us.
- **Increases in bespoke packages of care:** by providing personalised 1:1 we can sometimes get caught up in setting up bespoke packages for young people.
- **Staff capacity:** we cover such a vast area, including evening and weekend work, that it is hard to provide support and engage with young people consistently and we need to get the van out more. The 'van' (Y Fan) is a logistical challenge to manage and we need 2 vans and 2 dedicated staff per van as the demand for access to it is very high.
- **We don't say 'NO' enough:** we are seeing a significant increase in referrals that are not right for our intended purpose as a service and there is no exit strategy/transition plan in place for young people post 16yrs of age.
- **Increase in complex needs:** there has been a significant increase in the demands on our service to support young people with complex mental health needs e.g. self harming, anxiety, social and emotional developmental learning challenges. This impacts both on young peoples' confidence and self esteem and our capacity to provide the required levels of support. We also struggle to support young people in accessing CAMHS support. We feel very thinly spread but motivation and morale are still very good.



Where are we weakest?

Youth work is accessible and inclusive

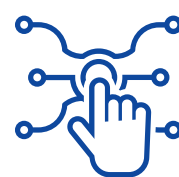
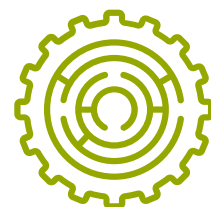
Youth work is accessible and inclusive to young people right across the country. While we must give important consideration to issues such as rurality and location of services, youth work must also be accessible and inclusive in a wider sense to all young people. It should reflect the range of diverse backgrounds, identities, experiences, and needs of young people in Wales.

Youth work must be accessible, including through outreach, in collaboration with schools and a range of partners, and digitally.

Everyone should be able to take part in the Gym activities but not many women seem to be signing up?

Can we develop more access to help for those of us who are not the best academically but have a lot to offer our communities, most support at our schools feels like it goes to those who achieve the required grades.

- **Resources and forms:** we still use paper forms (e.g. memberships and relevant information). We need e-forms accessible via tablets and smart phones so we are more efficient in our time and more carbon neutral.
- **Varied ICT systems:** the distribution and dissemination of relevant information in schools can sometimes be challenging. This is generally as a consequence of the various ICT systems that are used, which across the county, are not always interlinked and can cause confusion.
- **The lack of space for private meetings** in some of the schools makes it hard for us to find a suitable designated location for intervention work. Whilst this may sound basic, it is a growing area of weakness for both ourselves and the schools, that challenges our ability to hold trusted and confidential discussions.
- **Social Media presence:** use of information technology access is limited and could be more prolific and innovative.



WHAT NEEDS TO CHANGE?



What needs to change?

As part of our engagement activity we met with a range of stakeholders and asked them to share with us '**What needs to change?**'. This question included opinions on what barriers are currently preventing progress and results and how can we best empower staff and stakeholders to be innovative?

The information below provides a summary of the responses to this question.

A sustainable partnership model of youth work

The systems and structures for the planning and delivery of youth work operate consistently to a shared set of standards and a robust understanding of the nature of youth work in Wales, including how it is equitably funded, planned, delivered and held accountable.

Could more local businesses be encouraged to offer bursaries for young people for training or equipment required our chosen vocation?

Most of my friends have moved away due to better job prospects or to study in universities. They think life in Ceredigion is hard due to the lack of good public transport and limited leisure facilities.



Youth Work isn't just 9-5pm. We need to change/review staff structures, hours, contracts so we can provide a service that is both flexible and better enables young people to access the support required



Ideally we would want to expand and increase our nurturing provision for those young people who are not in a place ready to learn. The need for this intervention is increasing and is a core part of early prevention

What needs to change?

A sustainable partnership model of youth work



Can we improve collaboration in local communities to set up and manage more Youth Clubs, work closely with Area 43. We should not expect the council to always have to finance and manage them



Can we consider more investment in acquiring a second van (Y Fan) service model. Demand is so high and we need to continue to change and be innovative in how we provide young people with access to a youth club model given the rurality of the county



Each youth worker carries a high case load supporting young people with increasingly complex needs. Our ability to provide early intervention and prevention work is harder. As we recover from Covid-19 we need to re-introduce targeted prevention work wherever possible



All of the TAWM teams are holding onto an allocated caseload for longer to try and avoid escalation into specialist support as more young people are being referred to us in crisis. There is a risk of addressing the symptoms of the crisis and not the cause

What needs to change?

A sustainable partnership model of youth work



We need to provide youth worker capacity to the 'pupil referral unit'. This could be addressed via a grant application as part of the new shared prosperity fund



We need to provide more youth space within a range of settings across the county, i.e the wellbeing centre in Lampeter and widen our mobile outreach as access to any form of public transport in some towns and villages is minimal at best

Youth work is valued and understood

Youth work has a vital role to play in partnership with formal education to help realise the four purposes of Curriculum for Wales 2022 . Furthermore, youth work services are important to the delivery of the Youth Engagement and Progression Framework (2017) , supporting young people to remain engaged in their education, employment and training or re-engage where appropriate. To maximise the contribution of youth work to these areas, it needs to be valued and understood at all levels in the system, so it is at the forefront of decision-makers minds when commissioning or considering the impact of provision.

Youth work should be important to everyone!

Our schools focus too heavily on academic abilities rather than more focus on practical things like apprenticeships.

What needs to change?

Youth work is valued and understood



Can we change the tools and ICT support in how we 'capture and measure' some of our work (impact) as it is important to allow young people to simply 'offload' and that is very difficult to measure but is so important in terms of their wellbeing



We need an action plan for improving co-operation between schools and youth work. This plan of action must bring school and youth services closer together to foster a sense of community, enable participation and facilitate early interventions for both parties



Clarity about priorities relating to our service provision e.g. are we meant to be in schools and/or communities and what constitutes an appropriate referral within our remit and function



Can we do more around developing a marketing plan that improves understanding of the positive power and impact of youth work in Ceredigion



HOW CAN WE IMPROVE?



How can we improve?

As part of our engagement activity we met with a range of stakeholders and asked them to share with us 'How can we improve?'. This question included sharing views and reflections on how can services develop, evolve and move forward?

The information below provides a summary of the responses to this question.

Young people are thriving

To help ensure young people are able to thrive, we need to ensure we are creating safe spaces and youth work cultures that are caring, inclusive and understanding and which build trust and a sense of belonging. This is not just about providing these experiences, but ensuring that young people play an important role in the decisions that affect them now and in the future.

I want safe places to hang out, make friends, and try new things.

Our schools focus too heavily on academic abilities rather than more focus on practical things like apprenticeships.



Young people with higher needs are taking up a lot of resources and moving the team away from 'prevention' work towards 'targeted' support. We can improve by offering more mentors which would help in the short term but it isn't a longer-term solution



Can we consider evolving and growing our range/offer of 'vocational based interventions', that focus on the needs and wishes of the young person, from work experience placements to work taster sessions

How can we improve?

Youth work is accessible and inclusive



Can we improve our offer of centre-based support i.e. Youth Club/ Youth Centre and drop in provisions by extending our opening hours to evenings and weekends (youth clubs operate on after school hours)



Widen our group of younger people who complete an induction to our gym sessions and broaden the offer of health and sports recreational interventions. Encourage more females to take part and be there for them with a plan B if things might not work out



We need to improve on our model for detached/mobile, outreach and pop up youth work.

Could we also consider improving our detached youth work in parks, cafés, shopping centres and other spaces that young people have chosen to be



Our team could support local community groups to assist them in how to set up a youth club e.g. governance, registration, insurance, training and a framework for support

How can we improve?

A sustainable partnership model of youth work

The systems and structures for the planning and delivery of youth work operate consistently to a shared set of standards and a robust understanding of the nature of youth work in Wales, including how it is equitably funded, planned, delivered and held accountable.

We need and want more youth clubs, more often, and for later in the evening.

(age 16–18yrs old)

Life can be boring for us. There is little in the way of sport and leisure facilities in the rural areas and buses cost too much to travel to larger towns.



More work is required to support parents who are in severe distress and as a consequence of which, impacts on the health and wellbeing of their children. Perhaps widening our multi-agency and multi-disciplinary approach aimed at intervening early with families where behavioural difficulties are emerging so we can bridge the gap where universal interventions have been unsuccessful and where families do not meet the criteria for other services such as specialist CAMHS



Can we improve the support from CAMHS who themselves are overstretched. CAMHS undertake work based on strict commissioning and assessment criteria and many young people with complex conditions who are at risk of developing long-term mental health problems are falling through the net. This is because their mental health conditions/problems do not meet current threshold criteria for specialist mental health services. It comes at the expense of early intervention to support young people before their mental health problems become entrenched and severe thus requiring admission to inpatient services

How can we improve?

A sustainable partnership model of youth work



Look at Pembrokeshire model (YISP: Youth Inclusion Support Project) around referral partnerships meetings every 2 weeks to decide who is the best service to support young people. Issues are dealt with quicker via early intervention



Make further improvements to referral processes, the earlier the better, as escalated behaviours are naturally more expensive to manage



We need to further empower communities to take ownership and become intergenerational – active citizens focused on:

- Mental health support for young victims
 - Substance mis-use prevention activities for young people
 - Support for young adults who are committing low level offences, to build their confidence and access training and employment
-



Work with the Dyfed-Powys Police Youth Ambassadors through the Support and Prevention team to help shape and respond to a range of priorities that were identified in the youth survey over the summer and autumn of 2022

Why is this best approach?



Why is this best approach?

What research evidence is available to promote change?

This section describes a range of research evidence and/or best practice examples that align to how Ceredigion County Council can further improve and develop stronger, more efficient and integrated approaches of delivery and management of support and prevention services for its residents.

An area of concern for all the teams in Support and Prevention was the significant increase in mental health needs of young people (and the increase in children under the age of 11 yrs post the Covid-19 pandemic), with schools often 'referring into' the teams at crisis point and waiting lists for mental health assessments and support are getting longer.

Outlined below are best practice examples of how Regional Partnership Boards are responding to this challenge, in implementing a 'no wrong door' approach to mental health and well-being.

No Wrong Door follow up report 2022

The Children's Commissioner for Wales report 'Making Wales a No Wrong Door Nation - how are we doing?' 2022', makes a call for every region to adopt a 'No Wrong Door' commitment so that children, young people and their families do not get bounced between services.

No Wrong Door touches on many children's human rights under the United Nations Convention on the Rights of the Child (UNCRC), including article 24 – the right to the best possible standard of healthcare; article 20 – the right to special help if a child does not live with their family and article 23 – the right to special care if a child has a disability or mental health need. The report includes best practice examples and measurable outcomes relating to early help and prevention as to what a 'No Wrong Door' model should 'look and feel' like for children and young people.

Planning and implementing a No Wrong Door approach

- Cardiff & Vale Council have embedded mental health practitioners across schools, youth services and early help teams in the region to improve their support offer. Cardiff social services is piloting a new CAMHS social worker post, with the role designed to build bridges between health and social care. There are also 'Thinking Together' conversations taking place as casework supervision, using a Signs of Safety and Team around the Worker approach and following an agreed framework document.



Why is this best approach?

What research evidence is available to promote change?

No Wrong Door Follow Up report 2022 (Contd.)

Planning and implementing a No Wrong Door approach

- Cwm Taf Morgannwg have appointed a new 'Whole School Approach Coordinator' employed by the Health Board, who is currently developing a self-assessment tool to assess schools' abilities to meet the emotional wellbeing needs of children and young people. The new In-Reach (CAMHS) service is also recruiting 13+ mental health nurses & practitioners to work with schools across the region to develop a new service. This work is being taken forward using the NEST framework as a planning tool to guide the direction of operational service development.
- In North Wales there are also plans for a new 'safe space' drop-in centre in Wrexham for children aged 13-18 to receive support for an urgent mental health or emotional wellbeing need. The centre will be led by CAMHS regional clinical lead, coordinated by health colleagues and the Local Authority. The project hopes to expand further to include third sector organisations. It will be open in the evenings, nights and weekends. The project aims to prevent or reduce deterioration in a young person's emotional, behavioural or wellbeing state which may otherwise result in an application of section 136 of the Mental Health Act.
- Powys RPB have established a 'Junior Start Well Board', made up of young people aged 11-25, which has now met several times. The Board has its own terms of reference and nominated their own chair. The Chairs of the Start Well Board (adult sub-group of the main Board) attend every meeting, and there is a standing item on the Start Well Board agenda to update all RPB Board members about access to support for their emotional wellbeing across the county.
- In West Glamorgan the health board have recently launched a website offering advice and support for children and young people based on good mental health and wellbeing called Tidy Minds. It provides advice and signposting for children and young people, as well as support for parents and carers. This website was co-produced with children and young people.
<https://tidyminds.org.uk>



Why is this best approach?

What research evidence is available to promote change?

One Voice Wales Community Engagement Best Practice Guide

Another common theme that stakeholders frequently mentioned as a challenge or barrier to working with young people was the lack of 'suitable' private spaces to have discussions with young people. The One Voice Wales Community Engagement Best Practice Guide's focus is on sharing the learning and experiences of other Councils to build an opportunity to plan how local communities can be engaged in local projects and decision making.

As an example of best practice, the guide describes how Wrexham County Borough Council and Brymbo Community Council support young people to regularly meet and socialise in a private space. The approach could be adopted by the Support and Prevention service.



Brymbo Detached Youth Work project incorporating Dickie's Bench

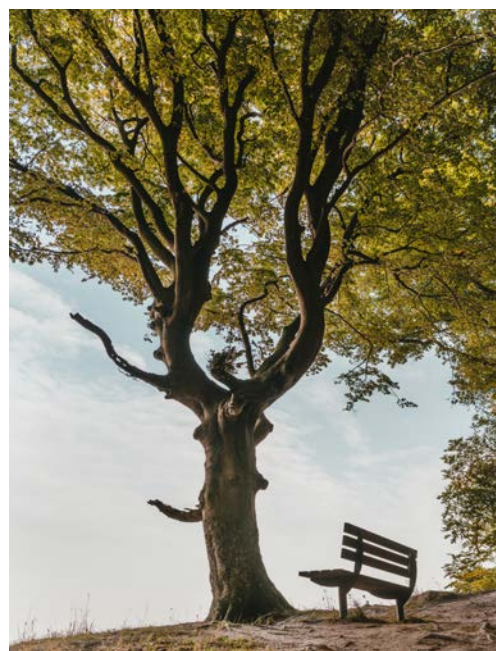
Brymbo detached team operates under a Service Level Agreement between Wrexham County Borough Council and Brymbo Community Council. The aim of the project is to support young people through youth work intervention, developing services where young people regularly meet and socialise.

"Dickies Bench" developed because young people asked for a space to talk confidentially with staff across health and social care. Dickies Bench developed naturally – it is a park bench that has been "adopted" by the young people near the MUGA area in the community. If young people need support or a confidential chat, they sit on the bench and the workers know they are needed.

Dickies Bench is close enough to the MUGA area for staff not to become isolated, but far enough away to facilitate confidential conversations.

Dickies Bench is an integral part of the youth service delivery in Brymbo and is a focal point of provision in the area. It provides enough privacy for confidential conversations as well as maintaining the concept of still being in a bigger group. The model has provided the opportunity for young people to access support on a number of issues, some of which include:

- Sexual health and advise
- Information on drug/substance misuse
- Loneliness and isolation, including bereavement.
- Sometimes leaflets have been left on Dickies Bench as young people have asked for information that they want to read on their own



Why is this best approach?

What research evidence is available to promote change?

Youth work in Wales: principles and purposes

With empowerment making up one of the key pillars prescribed in 'Youth Work in Wales 3 Principles and Purposes', a further challenge identified by stakeholders related to having efficient and easy access to a range of tools and resources to deliver effective youth work to a broader range of young people in Ceredigion.

In 2021 Estyn published a research report on how Cardiff Council is transforming its open access youth work in communities, street-based youth work, youth mentoring support aligned to schools, as well as a post-16 offer, to support the Youth Engagement and Progression Framework and the approach may be of value to the Support and Prevention service.

Estyn: Transforming youth work provision: young person led digital innovation

Youth work was a focus for Estyn during Cardiff Council's inspection in 2021. The council's youth service worked in partnership with local young people to develop an innovative digital youth work offer in creating a bespoke, young person friendly website for the youth service teams.

The online offer from Cardiff Youth Service in 2021 was extremely limited, consisting of a few staff members using social media infrequently. This caused concern, considering young peoples use of social media and digital technology in their everyday lives.

They researched the evidence base and best practice examples for digital youth work with much of this coming from countries in Europe. They used the philosophy of Digital EU which describes digital youth work as 'proactively using or addressing digital media and technology in youth work'. Digital youth work is not a youth work method – digital youth work can be included in any youth work setting (open youth work, youth information and counselling, youth clubs, detached youth work).

From the engagement work between youth workers and young people they identified a need for information about the services that Cardiff Youth Service offered, as well as information on wider youth support services, to be easily accessible to all in a single online site. Young people told youth workers that they wanted opportunities to develop digital skills including filming, photography and editing and to communicate with youth workers through access to social media and safe digital spaces.

A website development group was set up and group members met weekly online to explore other websites and generate ideas about important features and site design. The group met with the web developer to outline their views, opinions and vision for the site. The site was improved and now contains useful information about Cardiff Youth Service, including a meet the team section, resources, membership forms, information about wider youth support services and a blog feature. The site can be accessed here: <https://www.cardiffyouthservices.wales/index.php/en/>

To ensure that young people can access the site, the street-based team explored how this can be done through QR codes. This system has been adopted throughout the service with the codes on posters and business cards.



**How can statutory functions
and roles best be delivered to
improve early intervention
and prevention pathways?**



Improving early intervention and prevention pathways?

This section describes a range of observations from the engagement feedback from stakeholders that align to how Ceredigion County Council can further improve and develop statutory functions, the roles in the Support and Prevention service and bolster partnerships to improve early intervention and prevention pathway for its residents.

We have captured these views as outputs for suggested improvements which are listed below.



Consider developing a Support and Prevention 'Young People's Emotional Wellbeing' toolkit* for schools and colleges that provides staff with a comprehensive suite of resource tools and outlines the support available across Ceredigion, outlining any threshold referral criteria



Develop an integrated, innovative mental health youth hub, provided by a consortium led by the council, a voluntary sector organisation and CAMHS workers, based on a needs-led model with no pre-determined intervention. The workers have the flexibility to be creative in terms of how they support young people



Undertake a review of the Child and Adolescent Mental Health Services (CAMHS) in Tier's 1 and 2 at the earliest possible opportunity during 2023, involving Porth Cymorth Cynnar, Porth Cynnal and the Regional Partnership Board



Cross-service referral model and pathways to be re-defined including key referral criteria and points of access based on level of need, age range and input for any specific provision that may be more resource intensive




Recommendations



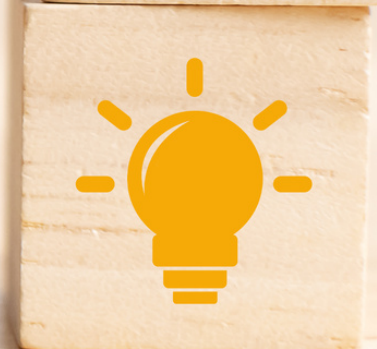
Recommendations

The recommendations below have been proposed based on the engagement activity undertaken to capture a wide range of views and opinions across a number of stakeholders, including feedback from children and young people, internal staff, managers and community partners.

The recommendations below are not listed in an order of priority, what needs to be done first, second and so forth but they are intended to be reviewed by Ceredigion Council to support the Local Authority in developing stronger, more efficient and integrated approaches of delivery and management and for consideration as to what would be most helpful to align with the Through Age Wellbeing Model and Action Plan 2021-2027.

-  Referral pathways and criteria: to review the referral process into and move on out of the Support and Prevention services. To undertake a mapping and case tracking exercise to analyse the pathways, routes and timings of referrals into Support and Prevention in order to agree upon clear transfer arrangements that ensure young people receive the help they need in terms of their care and support needs, both non-eligible wellbeing and prevention needs and eligible social care needs and outcomes. It also means teams are able to take on a case in the knowledge that this has been done safely and all the relevant information has been passed onto them.
-  Establish a sustainable and fit for future purpose referral pathway based on the outcomes of the review (as outlined above) and ensure that roles and responsibilities of the wider partners are captured within it. To potentially include MDT/bubble/partnership meetings on a regular basis where all partner agencies working around a young person regularly come together to information share via a formalised process.
-  Social Media/Information Technology: boost the application and use of equipment and information technology, including the range of methods of communication when engaging with young people across Ceredigion. Expand the application and use of social media, sharing of information via WhatsApp groups etc.

Consider developing a web-portal (or an application such as Padlet) that seeks to support young people, youth workers, wider youth support service professionals, as well as parents and wider community members with an overview of the Support and Prevention Service. Co-producing content with young people and partners that seeks to inform, support and educate young people in issues that affect their lives and linked to the expansion of social media.



Recommendations

- ✔ Consider the potential learning opportunities of the Pembrokeshire YISP (Youth Inclusion Support Project) model that could further strengthen Ceredigion's reputation as a 'gold star' partnership arrangement (by Dyfed-Powys Police). Working with young people who are considered to be at risk of offending or anti-social behaviour, or where there are concerns about their emotional or mental health.
- ✔ It is recognised that the concept of a 'mobile youth provision' has significant value in rural Ceredigion but further consideration needs to be given to how best to ensure it has the most effective impact for the community. The current van is proving difficult to manage logistically due to the demand for access across the rurality of the county and we would suggest some thought be given to staffing the van with a 'permanent' role and 'activity plan' in order to establish the impact and outputs before potentially considering expansion of the offer of an additional vehicle/van.
- ✔ Develop a Support and Prevention 'Young People's Emotional Wellbeing' toolkit* for schools and colleges that provides staff with a comprehensive suite of resource tools and the support available across Ceredigion outlining any threshold referral criteria. The toolkit could be developed as a bespoke project or as part of a suite of resources for the youth service portal recommendation (outlined on the previous page).
- ✔ Consider the potential return on investment in developing a 'safe space' drop-in centre in Ceredigion for young people to receive support for an urgent mental health or emotional wellbeing need. The centre could be led by a CAMHS regional clinical lead, co-ordinated by health colleagues and the Local Authority, with an aim to prevent or reduce deterioration in a young person's emotional, behavioural or wellbeing and without the required support increases and risks of the need for specialist support.
- ✔ Collaborate with schools to improve how Support and Prevention work in partnership with schools to role model the core values of the Welsh Government's 'Framework on embedding a whole-school approach to emotional and mental well-being' e.g. belonging, efficacy and having your voice heard.



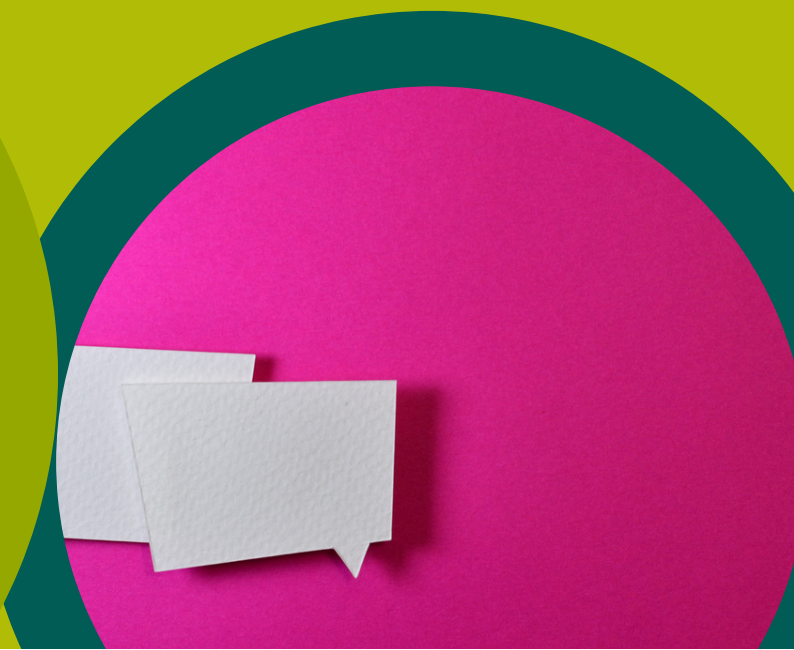
Recommendations

- ✔ Design and publish a toolkit that supports local people and voluntary groups in how to set up a youth club e.g., governance, registration, insurance, training and a framework for support which could further expand the offer of youth clubs within the rural communities of Ceredigion and operate as social enterprises.
- ✔ Source potential income/budget revenue(s) to further enhance the offer of the 4 statutory youth clubs allowing for staffing and the associated costs in providing an extension to the opening hours of all 4 youth clubs including weekend provision.
- ✔ Seek improvements in the availability of internal resources/tools for staff to be able to access in an efficient and timely manner when working with young people.
- ✔ In partnership with the Dyfed-Powys Police Youth Ambassadors help shape and respond to a range of priorities that were identified in the youth survey over the summer/autumn of 2022.



Appendix

List of stakeholders



Stakeholders engaged with and contacted

- Aberaeron Youth Club
- Aberystwyth Youth Club
- Area 43 – Cardigan Youth Charity
- CAVO – Ceredigion Association of Voluntary Organisations
- Ceredigion Youth Council
- CWVYS – Council for Wales of Voluntary Youth Services
- Aberystwyth Community Ambassadors
- Children and Young People Provider Forum
- Community Youth Work and Prevention Team
- Heddlu Dyfed–Powys Police Force
- Support and Attainment Team
- Tir Dewi (Farm Support)
- Young Farmers Club
- Ysgol Bro Pedr
- Ysgol Bro Teifi
- Ysgol Henry Richard



e – hello@welv.co.uk
t – 01745 3463068
w – www.welv.co.uk

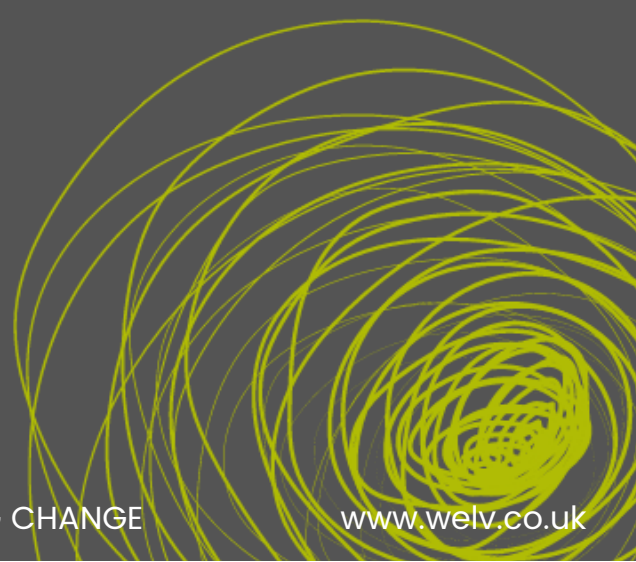
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Ceredigion Youth Council Environment Sub-Group TERMS OF REFERENCE March 2023

Ceredigion Youth Council Environment Sub-Group Aim:

In accordance with Article 12 of the United Nations Convention on the Rights of the Child (UNCRC), the Ceredigion Youth Council Environment sub-group will have a focus on environmental and climate change matters that affect Young People living within the County of Ceredigion and further afield.

In Context of UNCRC

The commitment to support children and young people to have their voices heard and influence decision-making has enjoyed a long historical standing in Wales. One that is supported by the Ceredigion County Youth Council.

United Nations Convention on the Rights of the Child - The United Nations Convention on the Rights of the Child (UNCRC) outlines the minimum requirements of protection, provision and participation that all children and young people should expect to receive in order to lead safe, happy and fulfilled lives. Article 12 of the UNCRC guarantees to children the right to be heard in all decision-making processes that might affect them:

“ 1.) States Parties shall assure to the child who is capable of forming his or her own views the right to express those views freely in all matters affecting the child, the views of the child being given due weight in accordance with the age and maturity of the child.”

Purpose of the Environment Sub-group

The purpose of the Environment Sub-group is to ensure a platform for young people to raise awareness, educate, advocate and campaign on behalf of other young people with regards to a positive sustainable approach to improving their local environment and climate in Ceredigion (and from time to time further afield).

Key Sub-Group priorities 2022/23

Ceredigion Youth Council will support an Environment Sub-group that will:

- 1) Establish a new Environment Sub-group for the Ceredigion Youth Council
- 2) Decide a name for the Environment sub-group that is appropriate to its purpose
- 3) Agree an annual programme that will include both virtual and in-person meetings
- 4) Prioritise one area of work that will highlight a positive impact for change on the environment and climate in Ceredigion
- 5) Welcome guest speakers and attend a venue/event/activity that will enhance knowledge of a subject matter

Membership of the Environment Sub-group:

Membership of the forum will be open to any Ceredigion Youth Council member and any young person(s) living in Ceredigion on a universal basis. There will be no upper limit to the number of members and the Sub-group will look to develop close links with individual Eco School Councils/Groups as it develops.

Meetings and Program

The Ceredigion Youth Council Environment Sub-group will meet both virtually and in-person. Meetings will be scheduled as agreed in the program of activities. Initial virtual meetings will take place on a Monday between 1pm – 1.30pm, whilst in-person activities will be agreed whilst meeting virtually.

Rhaglen Ddrafft Is-Grwp Amgylchedd Cyngor Ieuentid Ceredigion Ceredigion Youth Council: Tymor 2022/23 Ceredigion Youth Council Environment Subgroup Draft Program: Term 2022/23	
Gweithgaredd / Activity	Amserlen / Timetable
Cyfarfod Cychwynnol rhithiol Is-grwp Amgylchedd Environment Sub-group Initial virtual meeting	Rhagfyr 2022 December 2022 7/12/22 a/and 15/12/22
Paratoi Cylch Gorchwyl ddrafft gydag aelodau'r Is-grŵp amgylchedd bydd yn cynnwys rhaglen a chyfeiriad i Flaenoriaeth 1 Prepare draft Terms of Reference with Environment Sub-group members that will include proposed program and reference to Priority 1	Ionawr 2023 January 2023
Cyfarfod Cyngor Ieuentid Ceredigion: Eitem Agenda Ceredigion Youth Council Meeting: Agenda Item	3ydd Chwefror 2023 3 rd February 2023
Cyfarfod rhithiol Is-Grwp Amgylchedd: Blaenoriaeth 1 Environment Sub-Group virtual meeting: Priority 1	Mawrth 2023 March 2023
Cyfarfod Cyngor Ieuentid Ceredigion: Eitem Agenda Ceredigion Youth Council Meeting: Agenda Item	17eg Mawrth 2023 17 th March 2023
Cyfarfod rhithiol/yn bersonol Is-Grwp Amgylchedd: Blaenoriaeth 1 Environment Sub-Group virtual/in person meeting: Priority 1	Ebrill/Mai 2023 April/May 2023
Arholiadau Exams	Mai – Mehefin 2023 May – June 2023
Digwyddiad Cyngor Ieuentid: Pawb A'i Farn Ceredigion 2023 Youth Council Event: Pawb A'i Farn Ceredigion 2023	14eg Gorffennaf 2023 14 th July 2023
Cyfarfod rhithiol/yn bersonol Is-Grwp Amgylchedd: Blaenoriaeth 1 Environment Sub-Group virtual/in person meeting: Priority 1	Gorffennaf 2023
Taith/Ymweliad Gwyliau Haf Summer Holidays Trip/Visit	Awst 2023 August 2023
Cyfarfod rhithiol Is-Grwp Amgylchedd: Adolygu Blaenoriaeth 1 Environment Sub-Group virtual meeting: Review of Priority 1	Hydref 2023 October 2023
Cyfarfod rhithiol Is-Grwp Amgylchedd: Grwp newydd Environment Sub-Group virtual meeting: New group	Rhagfyr 2023 December 2023

SECRETARIAT

The Secretariat function of the meeting will be carried out by Ceredigion Youth Service who will propose an annual programme that will include arranging the venue for in person meetings. Ceredigion Youth Service will support creating agenda for the meetings, issue papers and take notes during the meetings.

Chairperson

Environment Sub-group meetings will be chaired on rotation by youth council members in attendance at the meetings.

Environment Sub-group Terms of Reference Annual Review

An annual review of the terms of reference will enable the environment sub-group to propose new annual priorities and a programme of events to be agreed for each year. The next review date is proposed for the Sub-group meeting scheduled for December 2023.

Terms of Reference agreed by Ceredigion Youth Council during their third 2022/23 full Youth Council meeting held at the Council Chamber, Penmorfa, Aberaeron.

Date: 17th March 2023

Puberty & Period Dignity Training

WITH
BROOK

For teachers, support staff and agencies
working with children and young people in
Ceredigion.

Choose from one of the following sessions:

25/04/23, 9.30am - 12.30pm
@ Ystafell Ystwyth, Penmorfa, Aberaeron

26/04/23, 9.30am - 12.30pm
@ Cardigan Leisure Centre, Cardigan

27/04/23, 9.30am - 12.30pm
@ Ystafell Medrus 3, Penbryn,
Penglais Campus, Aberystwyth University

End
Period
Poverty

To book your space or for more information, please
contact lowri.evans@ceredigion.gov.uk /
07966249004

In life, there are plenty of things to worry about,
periods shouldn't be one of them.

Training Aim:

To equip professionals with the knowledge and understanding on the process of menstruation, provide an understanding of what period dignity means, and provide professionals with practical skills to teach their pupils about periods.

Learning Outcomes:

- Recognise the statutory requirements for RSE and period education.
- Understand Welsh Government's 'Period Dignity Strategic Action Plan'.
- Understand the process of menstruation.
- Tackle myths and taboos concerning periods.
- Understand what products are available to people who menstruate, including reusable products.
- Understand what barriers could be experienced by those who menstruate and how to address these.
- Identify practical changes to ensure schools and other education settings are encouraging a culture of period dignity for pupils.

Funded by Welsh Government's Period Dignity Grant, this training is free to attend. Limited spaces available*

Period Dignity Webinar for Parents and Carers

WITH
BROOK

For parents and carers of children and
young people in Ceredigion.

Choose from one of
the following sessions:

25/04/23, 6.30pm - 7.30pm
~ via Zoom

26/04/23, 5.30pm - 6.30pm
~ via Zoom

End
Period
Poverty

To register or for more information,
please contact lowri.evans@ceredigion.gov.uk

In life, there are plenty of things to worry about,
periods shouldn't be one of them.

Training Aim:

To provide parents and carers with an understanding of menstruation and period products, and explore how they can support their child/young person when it comes to periods.


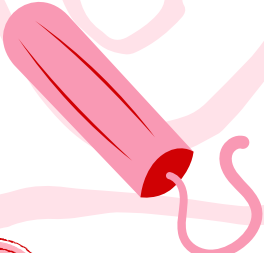




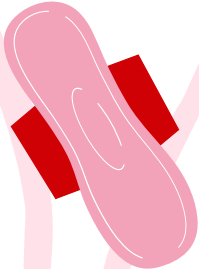
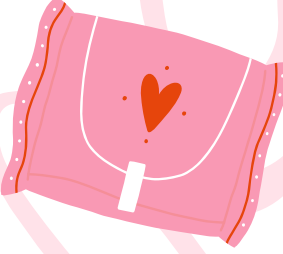

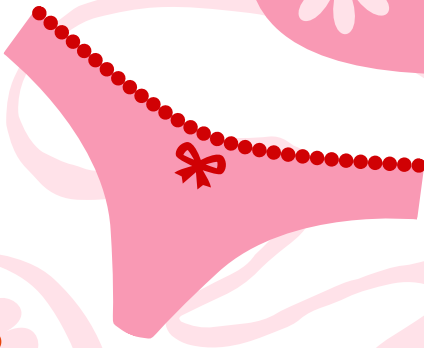











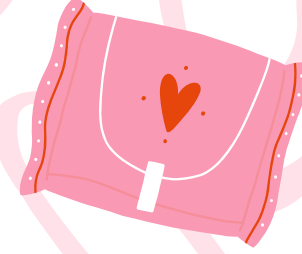

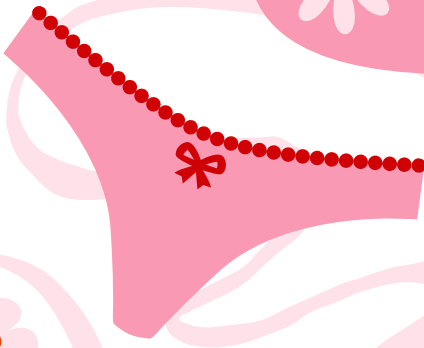











Learning Outcomes:

- Understand the process of menstruation.
- Understand myths and taboos concerning periods, and what barriers could be experienced by those who experience them.
- Understand what reusable products are, and what period products are available.
- Understand how to support those who menstruate.

Funded by Welsh Government's Period Dignity Grant, these webinars are free to attend. Zoom link will be shared with attendees. Limited spaces available*

PERIOD PRODUCT PICK & MIX!

 Take what you need,
whenever you need it.

**Ceredigion Youth Council
are working to combat
period poverty by ensuring
that every young person in
Ceredigion has access to
period products, free of
charge, whenever
they need them!**

✿ Ceredigion Youth Council
think it's important that young people can
make informed choices about what best suit
their bodies when it comes to periods.

Period Product Pick & Mix offers the
opportunity to try a variety of sanitary
products for **free**, allowing you to choose
the products that work best for you.

This scheme is designed to promote period
dignity and tackle period poverty.

Many of the options are eco-friendly, plastic
free or reusable.

Take what you need, whenever you need it.

In life there are plenty of things to worry
about, periods shouldn't be one of them.

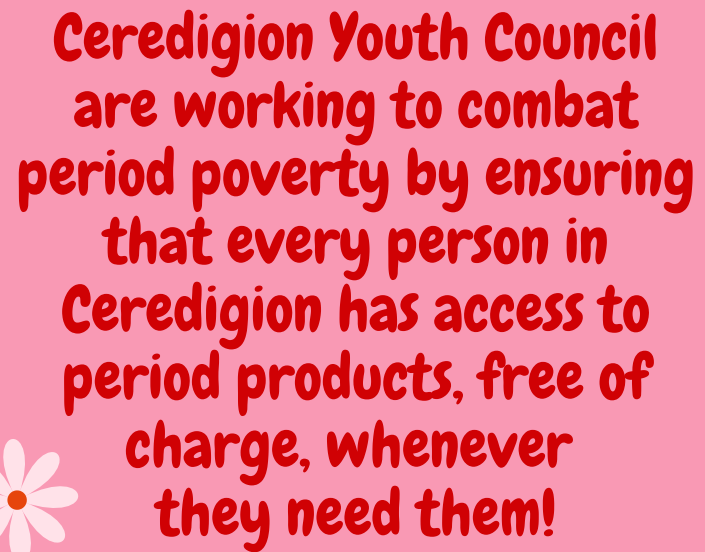
End
Period
Poverty



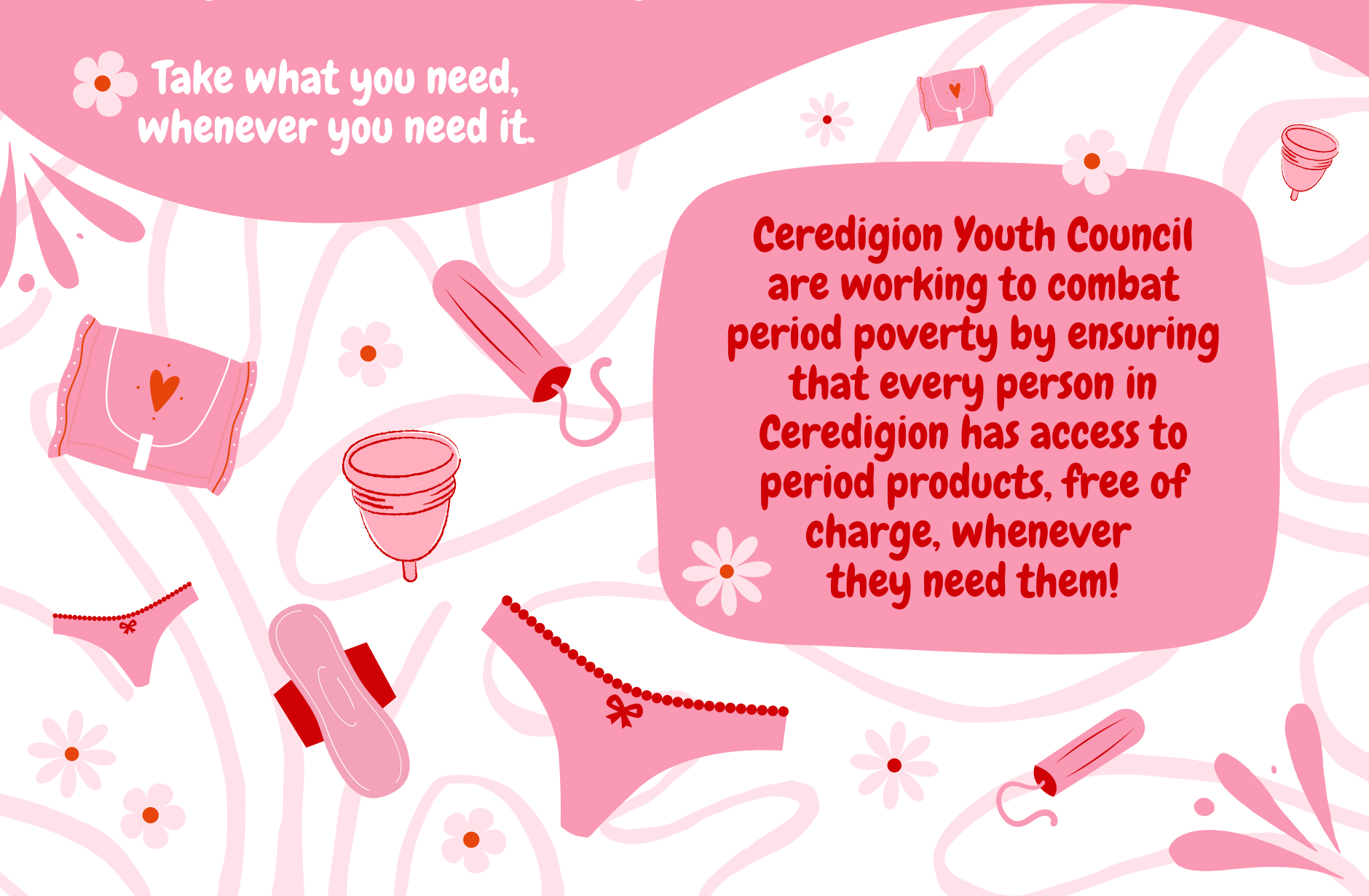
COMMUNITY PERIOD PRODUCTS



 Take what you need,
whenever you need it.



**Ceredigion Youth Council
are working to combat
period poverty by ensuring
that every person in
Ceredigion has access to
period products, free of
charge, whenever
they need them!**



✿ Ceredigion Youth Council
think it's important that people can make
informed choices about what best suits their
bodies when it comes to periods.

The community period products scheme
offers the opportunity to try a variety of
sanitary products for **free**, allowing you to
choose the products that work best for you.

This scheme is designed to promote period
dignity and tackle period poverty.

Many of the options are eco-friendly, plastic
free or reusable.

Take what you need, whenever you need it.

In life there are plenty of things to worry
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End
Period
Poverty



Ymgyrch 'Rhoi Dy Farn 2023' Campaign

Canlyniadau / Results



Pwnc Llosg / Hot Topic	Cyfanswm / Total	Safle/Ranking
Addysg - gwella mynediad i gyfleoedd galwedigaethol a mwy o ddewis, gan gynnwys sgiliau bywyd / Education - improve access to vocational opportunities and greater choice that should include life skills	234	6 th
Addysg - dylid addysgu sgiliau busnes ac entrepreneuriaeth mewn ysgolion / Education - business and entrepreneurship skills should be taught in schools	267	3 rd
Ail Gartrefi - Tai fforddiadwy a mynediad i bobl ifanc lleol / Second Homes - Affordable housing and access for local young people	244	5 th
Argyfwng costau byw - mwy o gefnogaeth gyda chostau cludiant, cinio ysgol ac ynni / Cost of living Crisis - more support with costs of transport, school meals and energy	515	1 st
Cydraddoldeb - mwy o gyfleoedd chwaraeon i ferched mewn ysgolion ac yn y gymuned / Equality - more sports opportunities for girls in schools and in the community	201	7 th
Gyrfaoedd - Mwy o ddewis o brentisiaethau sy'n talu'n well a mynediad at amrywiaeth o gyfleoedd profiad gwaith / Careers - A greater choice of better paid apprenticeships and access to a range of work experience opportunities	372	2 nd
Hybu'r Gymraeg - mae angen gwneud mwy i hybu'r iaith / Promoting the Welsh language - more needs to be done to promote the language	95	8 th
Trafnidiaeth - mae angen i fysiau redeg yn hwyrach a bod yn fwy fforddiadwy, gwell cysylltiadau trên a gwell llwybrau beicio /Transport - buses need to run later and be more affordable, better train links and improved bike routes	256	4 th
Cyfanswm Pleidleisiau / Total Votes	2184	



Pwnc Llosg / Hot Topic	Cyfanswm / Total	Safle/Ranking
Argyfwng costau byw - mwy o gefnogaeth gyda chostau cludiant, cinio ysgol ac ynni / Cost of living Crisis - more support with costs of transport, school meals and energy	515	1af / 1st
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Addysg - dylid addysgu sgiliau busnes ac entrepreneuriaeth mewn ysgolion / Education - business and entrepreneurship skills should be taught in schools	267	3ydd / 3rd
Trafnidiaeth - mae angen i fysiau redeg yn hwyrach a bod yn fwy fforddiadwy, gwell cysylltiadau trên a gwell llwybrau beicio / Transport - buses need to run later and be more affordable, better train links and improved bike routes	256	4ydd / 4th
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Addysg - gwella mynediad i gyfleoedd galwedigaethol a mwy o ddewis, gan gynnwys sgiliau bywyd / Education - improve access to vocational opportunities and greater choice that should include life skills	234	6ed / 6th
Cydraddoldeb - mwy o gyfleoedd chwaraeon i ferched mewn ysgolion ac yn y gymuned / Equality - more sports opportunities for girls in schools and in the community	201	7fed / 7th
Hybu'r Gymraeg - mae angen gwneud mwy i hybu'r iaith / Promoting the Welsh language - more needs to be done to promote the language	95	8fed / 8th
Cyfanswm Pleidleisiau / Total Votes	2184	

Mae canlyniadau'r bleidlais flynyddol yn nodi'r blaenoriaethau a fydd yn rhoi ffocws i ddigwyddiad blynyddol 'pawb a'i farn' y Cyngor Ieuenctid adeg tymor yr haf. / The results of the annual ballot sets out the priorities that will provide focus for the Youth Council's annual 'pawb a'i farn' event in the summer.